

# Confess Your Weaknesses to Others

We may be familiar with this scripture:

**James 5:16a** (NIV) – *Therefore confess your sins to each other*

Here it is in the Amplified version:

**James 5:16a** (AMPC) – *Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins)*

Notice the use of the word 'faults' rather than 'sins'. This is a better translation of *paraptōma* (GK).

Even better is 'weaknesses'. These are areas we falter in rather than specific instances.

It is not a confessional that we are to create where every instance of faltering is itemised, just areas of weakness.

**In a community where transparency is paramount, this process is essential.**

So, we are encouraged to confess to others our failings. Note that it doesn't say, "Before the whole church". This confession is best done to those we can trust or our accountability partners if we have one.

The up-side of confession is a release of false guilt and protection from the enemy's craft of keeping things in the dark. In the open is where the light is and shining light on faults produces liberty from the enemy's accusations. It's very freeing – even though it's embarrassing.

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2-10-2016

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