

# Experiencing Spiritual Heart Surgery

Scientists have discovered that there really is such a thing as a 'broken heart'<sup>1</sup> – it's known as Takotsubo Cardiomyopathy. Recent research has brought to light the fact that a broken heart actually produces physical damage to the heart and the possibility of even having a heart attack from it.<sup>2</sup>



This information has a bearing on spiritual heart 'surgery', the type that the Lord does on us.

When a person gets to the point of total commitment to our Beloved King, they can desire to be changed to a degree that they ask him to do it. This is the best way for permanent changes to occur in us – from the inside out – so that we become more the person he wants us to become. This request for change needs to come from a strong desire to be changed and complete surrender to him to make any changes he wants.

Our soul and mind resist this, which is why the request must come from a heart that is fully committed to any changes he wants to make. (I haven't used the term 'flesh' as the instigator of resistance because the 'flesh' is more our base nature which operates through our soul and mind causing us to be deviant.)

When a deep work is required to change our heart attitudes, this is when spiritual heart 'surgery' is required. This 'surgery' can be quite traumatic, just as a broken heart can be. The level depends on what needs to be changed in our heart and how deep-seated it is. The symptoms that manifest in our body will depend in the level of 'surgery'. Most such operations on our heart are unnoticeable until we perceive that we have changed in the way we think and respond.

Deep 'surgery' that we allow to have done to our heart, from my experience, can produce pain in the chest like a mild heart attack or angina. Other times I've experienced a sensation of 'pressure' within me that doesn't cease until I give in to what the Spirit drops into my spirit as the root of my attitude problem. As usual, following deep 'surgery', we change for the better.

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1 – [www.heart.org/HEARTORG/Conditions/More/Cardiomyopathy/Is-Broken-Heart-Syndrome-Real\\_UCM\\_448547\\_Article.jsp](http://www.heart.org/HEARTORG/Conditions/More/Cardiomyopathy/Is-Broken-Heart-Syndrome-Real_UCM_448547_Article.jsp)

2 – [www.bbc.com/news/uk-scotland-north-east-orkney-shetland-40326125](http://www.bbc.com/news/uk-scotland-north-east-orkney-shetland-40326125)  
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