

# Fear Intimacy With Jesus

Because of our past emotional hurts most people avoid genuine intimacy with others because of the fear of getting hurt again.

This is a huge problem with all of humanity.

In the Kingdom, we are called to be in relationship with each other and this requires a level of openness, transparency and vulnerability. Most of us balk at this, again, because we've been hurt in the past. Consequently we keep a level of personal distance and may even fall back into the game a presenting a facade to others.

Jesus also wants to draw us into intimacy with him. He doesn't demand it, but he knows it's the place where his life is for every person. True life – the life we were created to live – cannot be found outside of intimacy with him.

Unfortunately, our fear of openness, transparency and vulnerability causes us to shy away from this level of relationship with him, especially when we know that he wants us to tell him all our secrets.

There are 3 major downsides to fearing intimacy with our Beloved that we may not have fully grasped:

1. Intimacy draws us in so he becomes our all-in-all, the supplier of all our needs – emotional, mental, spiritual, physical, financial, etc. Fear means that we miss out on this, so we look for it elsewhere, but elsewhere it will always be substandard.
2. A lack of intimacy leads to a lack of proper relationship. The outcome of this is that we have a lack of commitment to him.
3. Without intimacy we can't father spiritual children properly. Our efforts won't have his added blessing for success in what we do in this endeavour.<sup>1</sup>

Until we overcome our fear of being fully open with our Father or with Jesus we will not really get to the point where he “knows”<sup>2</sup> us.

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1 – “What is Intimacy?” ([canberraforerunners.org/wp-content/uploads/2013/03/What-is-Intimacy.pdf](http://canberraforerunners.org/wp-content/uploads/2013/03/What-is-Intimacy.pdf))

2 – Matthew 7:21-23; 25:11-12