

WAH Part 7-A Beauty to Rescue (Session worksheet)

One upon a time there was a beautiful maiden. She was one of the daughters of the king, a true royal princess at heart. Her youth seemed to be eternal. Her flowing radiant hair so fragrant, her deep eyes are pools of invitation, her soft tantalising lips draw you, her sculptured figure is exquisite beyond expectation and belief. She makes a rose blush and the sun pale compared to her light. Her heart is pure and her love true as an arrow. But she is unattainable, she is held prisoner in a tall tower. Only a true champion, only the most valiant brave knight willing to sacrifice his life can rescue her and set her free. The maiden is your woman! Sadly however, the maiden is a bit like the sea lion in the book 'Desire'. Because she has lived in the tower so long, she has become used to it, and finally comes to think of it as her home.

The goal tonight is to help us engage in the fight for our woman more clearly and wilfully than we ever have done before. Most men would be more willing to charge the beaches of Normandy than go into battle after their wife's heart, only to have her shut you down - or laugh in your face. We've all stayed clear of this battle for a reason - we're really scared, right!

All little girls are princesses at heart. You don't have to teach them this, it is in their hearts, put there by their heavenly father. Little girls ask 'am I lovely', 'do you see me', 'do you delight in me'. Their earthly fathers needs to respond to these questions, even if not spoken. The lady in your life asks 'do you delight in me as a woman?', 'am I beautiful?' 'will you pursue me?' and 'will you fight for me?'

Almost every girl receives her wound from her father. A little girl looks to her father to know she is lovely. He has the power to cripple her or bless her. If her father is a passive man a little girl will suffer a silent abandonment. A controlling or aggressive father does not have to be violent to his daughter physically, he can do it with his tongue. Life and death are in the power of the tongue. Proverbs 18:21. Either way, the message to her heart is the same, 'you're not desirable, you will not be protected, and no one will fight for you'.

1. When your woman is in need of you, are you paralysed like Adam was, and do not go to her rescue? How do you react? Do you walk away? Are you silent? How do you think this has that hurt your relationship with her over the years?
2. So, now that you know, what do you think and feel about fighting for your woman's heart, going into those waters that you have never sailed into before? A hesitant or nice man is the last thing a women needs. She needs a lover and a warrior.
3. Why do most of us men get lost between 'once upon a time' and 'happily ever after', if it does get to the later! Why do most passionate romances end up in front of the TV! Some thinking needs to be done here.
4. How do you see your woman? Is she alluring, vulnerable, inviting, even scandalous, or maybe she is clingy, demanding, controlling? How would you describe your woman?
5. What do you know about the tower and the dragon? How and, more so, why has the maiden built the wall?

Most men want to look like the Knight but they don't want to bleed like one. They want all the joys of their 'beauty' without any woes of the battle. When a man offers the woman his strength, it allows her to be beautiful and it brings her life.

6. What would it be like for you if in a year or two from now, your woman could look into your eyes and say.... You have given me something I never thought possible, you have fought for my heart so valiantly, you've brought so much adventure into my life, and I know I am beautiful because of you. Is that a possibility for you! Or is it just way beyond reality and most likely unreachable?

7. What do you think about the statement 'Most men marry for safety; they will choose a woman who makes them feel like a man but never really challenge them to be one'. Most men would rather choose their partner from 'the Bahamas' than one from 'the north Atlantic'. Why did you marry your woman? Was it for safety, validation or sexual satisfaction?

8. If you are to tear down the wall you must learn how to fight for her. Do you still tell her you love her...or is it assumed? Do your personal conversations that last more than five minutes? Do you still sit on the couch together, even hold hands, cuddle, and kiss-with nothing else in mind? What about cards, gifts, flowers, a night out for dinner, a trip!!!! Good Night you may say-Who do you think I am? Read page 240 of f.bk.

9. Your woman has received a wound or wounds, believe me, says John. Have you added to her wound over the years? If you haven't a clue. Do you know what your woman's wound is? If not, what does that say about how much you have fought for her? If you still do not have a hunch or a clue as to what message her father gave in relation to her wound, read page 230 of f.bk. Are you willing to go home and ask her? Over the years, have you helped heal her heart or harden it? Are you starting to recognise that there really IS a problem?

10. So, it's going to be costly for you over the next months...or years, if you are going to pull down that wall brick by brick, rescue her and set her free. Are you prepared to pay the price? For this you are going to need help. Read pages 228-236 of f.bk. Your wife maybe willing to review privately the questions asked here and then talk to you about them.

11. What would be really threatening to you right now in terms of what you could do to move towards your woman? What would feel really, really risky? Like: asking her if you can go away with the boys for a weekend or asking her to come to bed for sex?

This chapter can be the turning point in a whole new level of love and redemption in your marriage. It is not going to be easy, you cannot expect to undo in one day damage done to her heart over ten, twenty, thirty or more years of relationship.

Beware the enemy will soon fire arrows at you with increased anger if you move in this direction. Read pages 244-246 f.bk for help. Will you be a Maximus, a Wallace or a Judah? It is now up to you.