

# How to Survive a Crisis

*(Summary of Frank Viola's article of the same title)<sup>1</sup>*

When everything goes pear-shaped, Kingdom citizens survive without being destroyed. Here's some of the mindset that's required to achieve that goal.

## 1) Embrace the reality of the situation

Face the reality of it – however dire. This is critical for surviving it.

## 2) Refuse to lose hope in the end of the story

Never lose hope in the fact that the end of the circumstances is going to be to your benefit and to our King's glory.

## 3) Imagine the worst possible outcome and surrender it to the Lord

Surrender the worse possible scenario for the situation to the Lord. This is dying to yourself and part of embracing the cross.

Your hope should then be: What can God will gain through this experience?

This breaks the power of fear in the circumstance. It also puts you in a position where the enemy can't touch you.

## 4) Remember that this too shall pass

The situation won't last forever. Even though the crisis might leave scars that you'll carry, you'll get past it.

## 5) Recall the words of Joseph

Without malice or bitterness, Joseph told his brothers: "You intended to harm me, but God intended it all for good. He brought me to this position so I could save the lives of many people."<sup>2</sup>

## 6) Humble yourself under God's mighty hand

**1 Peter 5:6** – Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.

Having this approach will turn suffering into growth & development.

***Read the article for yourself to get the full impact***

Laurence

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1 – [frankviola.org/2016/08/17/crisis](http://frankviola.org/2016/08/17/crisis)

2 – Genesis 50:20