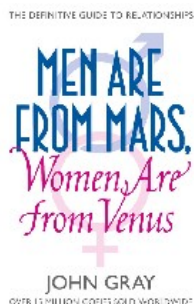




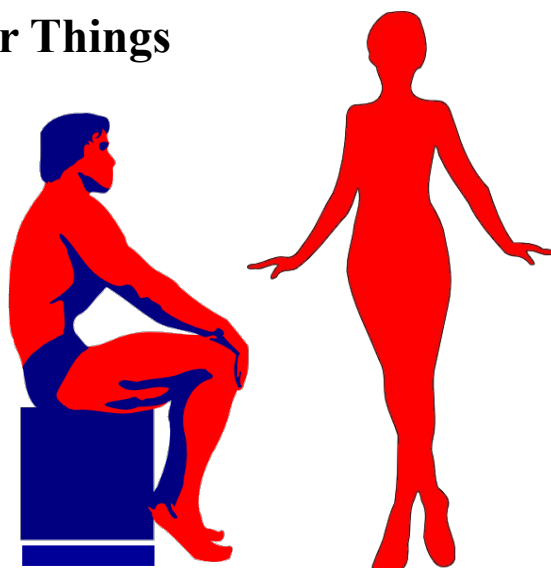
Map Reading and Other Things

Men and women are different – *vive la différence*.

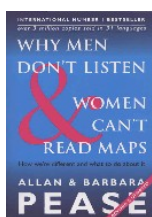
There are many differences between men and women, both in the way we're designed physically and the way we process things emotionally. This is blatantly obvious.



In 1992 Dr John Gray was the first modern researcher to confirm for us that our non-physical differences have a great impact on us. His book, "Men are from Mars, Women are from Venus"¹ has been the seminal text for families who want to understand the differences and work with them constructively. Most of the differences that he recounts in his book relate to the differences in brain function.



(Read the list of 'Brain Differences' at the end of this article)



In 2000, Allan Pease, a body language expert, brought out the book "Why Men Don't Listen and Women Can't Read Maps: How We're Different and What to Do about It"². In it he showed us a lot more about how our differences in brain and body cause us to act differently. The publisher says, "The book weaves together facts from the latest brain research, theories from evolutionary biology and a treasure trove of anecdotal events and conversations collected by the authors during a three-year research trip around the world."³

(Read the list of 'Real Differences' & 'Biological Differences' at the end of this article)

Why list so many facts (nearly 100) about our differences?

Well, that's because there are those who are distributing information in society through the media and education, that men and women are the same. Clearly they are not. Here's an example of peddling such false information, albeit by citing a reputable pseudo-science⁴ source.

"A new study⁵ published in the Journal of Personality and Social Psychology has revealed the seismic news that men and women are categorically the same. "The common belief that men are from Mars and women are from Venus is really wrong, we are all from planet Earth", said Harry Reis, professor of psychology at the University of Rochester and co-author of the study."⁶

1 – Free e-book copy here: https://www.google.com.au/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&ved=0ahUKEwiWILm_sYXVAhUJspQKH40DDEQFggtMAI&url=https%3A%2F%2Fwww.jamiiforums.com%2Fattachments%2Fmen-are-from-mars-women-are-from-venus-the-classic-guide-to-understanding-the-opposite-sex-pdf.168234%2F&usq=AFQjCNH0BhoL9kvIjH1Tp0Z3molQq6QPNA

2 – Free copy of e-book here: nguyenthnhmy.com/courses/2013/WhyMen.pdf

3 – Book Review (www.publishersweekly.com/978-1-56649-156-3)

4 – Pseudo-science: Science which doesn't follow the empirical method of scientific investigation.

5 – Bobbi Carothers & Harry Reis (2012) "Men and Women Are From Earth: Examining the Latent Structure of Gender" (www.sas.rochester.edu/psy/people/faculty/reis_harry/assets/pdf/CarothersReis_2012.pdf)

6 – "Men aren't from Mars and Women aren't from Venus" (13-2-2013) (www.smh.com.au/lifestyle/life/men-arent-from-mars-and-women-arent-from-venus-20130212-2eaje.html)



While many are teaching that there are no differences between the sexes, others are trying to remove the differences by artificially meddling with children's growth and development. One such case was the intervention conducted in the Israeli kibbutz movement where boys and girls were 'forced' to grow up in a sexless environment.⁷ What was the outcome of these 'experiments' in social engineering?

“After 90 years of kibbutzim, studies have shown that boys in the kibbutz constantly display aggressive and disobedient behaviour, form power groups, fight amongst themselves, form unwritten hierarchies and do 'deals', while girls co-operate with each other, avoid conflicts, act affectionately, make friends and share with one another. Given a free hand to choose their own school courses and subjects, each opted for sex-specific courses, with boys studying physics, engineering and sports, and girls becoming teachers, counsellors, nurses and personnel managers. Their biology directed them to pursuits and occupations that fitted the wiring of their brains.

Studies of neutrally-reared children in these societies show the removal of the mother/child bond does not reduce the sex differences or preferences in children. Rather, it creates a generation of children who feel neglected and confused and are likely to grow into screwed-up adults.”⁸

The results: Boys were boys and girls were girls.

After all the pushes within our Western society to create a sex-neutral culture, what has been the results? Allan Pease explains:

“Boys want to play with things; girls want to interact with people. Boys want to control, dominate and reach the top, but girls are more concerned with morality, relationships and people. Women are still a minority in big business and the political arena, but not because of male oppression. It's just that women are not interested in those things.

Despite the best intentions of equal opportunity employers, boys still stubbornly go into jobs with a mechanical and spatial bias and girls seem compelled to seek jobs involving human interaction.”⁹

God doesn't make mistakes. He's not into gender changing just because a person doesn't like how they turned out. This dissatisfaction with our sex is just like the torrent of illegal economic migrants moving into Europe and the US because they are dissatisfied with the life they were born into.

Live with what you've got and be thankful.

For those of us in the Kingdom, we are to acknowledge that there are anatomical, physiological, psychological and emotional differences between men and women. These were deliberately created that way and are not to be removed or modified. We are to acknowledge them and not eliminate or alter them. However, how these differences are allowed to play out in the lives of believers is a different matter altogether.

Our job as Kingdom citizens is to align our lives with the King and live righteously within the bounds that our body limits us.

7 – Allan Pease “Men are from Mars, Women are from Venus” p:289 “Israeli kibbutzim have for years tried to remove the sex stereotyping of boys and girls. Children's clothes, shoes, hairstyles and lifestyles were fashioned on one sexless, neutral model. Boys were encouraged to play with dolls, sew, knit, cook and clean, and girls were motivated to play football, climb trees and play darts. The idea of the kibbutz was to have a sexually neutral society in which there were no rigid formulae for each sex and each member had equal opportunity and equal responsibility within the group.”

8 – Allan Pease (2001) “Why Men Don't Listen & Women Can't Read Maps” p:289

9 – Allan Pease (2001) “Why Men Don't Listen & Women Can't Read Maps” p:288



Coming topics will focus more on how we handle our differences and how these play out in our relationships and situations.

Laurence

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RESOURCES

- “Men Are from Mars, Women Are from Venus” – Free e-book
https://www.google.com.au/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&ved=0ahUKEwiWILm_sYXVAhUJspQKH40DDEQFggtMAI&url=https://www.jamiiforums.com/attachments/men-are-from-mars-women-are-from-venus-the-classic-guide-to-understanding-the-opposite-sex-pdf.168234&usq=AFQjCNH0BhoL9kvIjH1Tp0Z3molQq6QPNA
- “Why Men Don't Listen & Women Can't Read Maps” – Free e-book
nguyenthanhmy.com/courses/2013/WhyMen.pdf
- It's not about the nail
www.youtube.com/watch?v=-4EDhdAHrOg
- Men Are from Mars, Women Are from Venus - John Gray | Book Review (video)
www.youtube.com/watch?v=rqLPJclsfZc
- Mars brain, Venus brain: John Gray at TEDxBend (video)
www.youtube.com/watch?v=xuM7ZS7nodk
- 50 REAL Differences Between Men & Women (video)
www.youtube.com/watch?v=yhwO8u4sZ-8
- 25 Biological Differences Between Men And Women That Aren't Commonly Known (video)
www.youtube.com/watch?v=L08238pqrBU
- www.anewmode.com/dating-relationships/main-difference-men-women-relationships
- bravetheworld.com/2016/08/09/50-real-differences-men-women



12 Brain Differences¹⁰

1. Men mostly use their brain's left hemisphere to process information, while women are more skilled at using both hemispheres.
2. Men's brains are about 10 percent larger than women's brains. But this is probably because on average, men are 10 percent larger than women.
3. Males tend to have much larger inferior-parietal lobules (IPL) than females. This area of the brain is thought to influence mathematical ability.
4. The frontal and temporal areas of the cortex are larger in females than in males. These brain areas are thought to influence language skills.
5. Females have a larger hippocampus and a deeper limbic system than males, which allows them to feel the full range and depth of the emotional spectrum far more than men.
6. It is thought that women experience pain more acutely than men do because men's right amygdala is activated during pain, while it's the left amygdala in women.
7. Men have a thinner parietal region of the brain than women, which makes it easier for them to visualize rotating 3D objects.
8. Males are more likely to be dyslexic and autistic than females. They are also more likely to suffer from ADHD and Tourette's Syndrome.
9. Male brains synthesize serotonin far more quickly than female brains, which may explain why women are far more prone to depression. Women are also far more likely to suffer from post-traumatic stress disorder after a traumatizing event.
10. Male IQ has greater variance than female IQ.
11. Both males and females release the hormone oxytocin during stressful events. But female estrogen combines with oxytocin to produce a calming effect, whereas male testosterone only makes men more aggro.
12. The brain areas that control aggression and anger are larger in women than in men, which may account for some degree in larger male rates of violence.

50 Real Differences¹¹

NOTE: Many of these are generalities. That is, research shows that the ability or characteristic applies to many or most individuals in that gender category.

1. Men & women don't see in the same way
2. Female babies like faces, male babies like moving objects
3. Boys and girls like to draw different things
4. Females hear better than males
5. Music affects men and women differently
6. Males will automatically block out certain sounds
7. Females can verbally express their emotions better than males
8. Boys naturally use movement to think
9. Groups of boys play differently to groups of girls
10. Boys and Girls play with different toys
11. Boys are more likely to take risks
12. Females are easier to startle

¹⁰ – thoughtcatalog.com/lorenzo-jensen-iii/2015/06/13-real-differences-between-male-and-female-brains/

¹¹ – Quoted from: bravetheworld.com/2016/08/09/50-real-differences-men-women



13. Women also exhibit a stronger emotional response to the anticipation of pain
14. Males are more likely to overestimate their ability
15. Males are more likely to die from an accident than females
16. Men are more likely to perceive a neutral face as unfriendly
17. Males are more likely to exhibit aggression physically while females are more likely to exhibit aggression verbally
18. Women use both sides of the brain to respond to emotional experiences while men use just one
19. Women read subtle emotion better than men
20. Males and females are not empathetic in the same way
21. Men thrive in conflict, women avoid it
22. Males are aroused under stress while females are turned off
23. Men and women use different parts of the brain during sexual arousal
24. This is probably why men are also much more likely than women to conflate¹² violence with sexuality
25. Men are easier to sexually arouse than women
26. Men are more motivated by sex than women
27. A man's sexual fantasies are almost purely visual, while a woman's often include romance
28. Our orgasms affect us differently
29. The bed nucleus of the striate terminals (where the amygdala begins its descent into the hypothalamus) holds a neurotransmitter that's twice the size in males than females
30. Men are attracted to youth & beauty. Women are attracted to status.
31. Men want high pitched voices, women want deep voices
32. Men pursue, women are pursued
33. When a man is in love, dopamine mixes with testosterone and vasopressin. If you're, female it gets mixed with oestrogen and oxytocin
34. It's men that fall in love at first sight (Contrary to popular belief)
35. Men are more comfortable lying to the opposite sex
36. High self-esteem makes teen girls less promiscuous, but it makes teen boys more promiscuous
37. A man is more likely to sleep with a stranger than a woman
38. When it comes to casual sex, women care about intelligence, men don't
39. Men have a stronger reaction to sexual infidelity, while women have a stronger reaction to emotional infidelity
40. A man's fertility depends on who is around him
41. Females are slower at spatial task than males
42. Women navigate using landmarks, men navigate using cardinals¹³ and distance
43. Men and women are on different schedules
44. Men are more consistent than women
45. A woman's brain is more 'flexible' than a man's
46. Men and women react to crying babies differently
47. Mothers and fathers don't interact with their kids in the same way
48. Men's and women's friendships are different
49. Men's blood pressure is beneficially reduced by a warm touch
50. Men's and women's brains age differently

NOTE: Read the article there are many sub-parts to each of the above items listed.

12 – i.e. mix

13 – compass directions or quantitative numbers



25 Biological Differences¹⁴

1. Most babies born with birth defects are male. If a female has a defect, she still has another copy of that X chromosome.
2. Veins in males tend to be larger
3. Males are 4 times more likely to be autistic than females.
4. Females tend to have more vertical foreheads, while males' foreheads tend to be sloped.
5. In males, fat gets deposited between organs. In females, it forms a ring around the abdomen. This is why you can typically tell someone's sex from an MRI, and why liposuction is easier in females.
6. Perhaps unexpectedly, males have longer eyelashes on average.
7. The first finger of a female's hand is usually longer than the third. With males, it's usually the other way.
8. Only females can pass mitochondrial diseases on to their offspring.
9. Males are 3 to 10 times more likely to stutter.
10. Although both sexes lose hearing on either end of the spectrum, males tend to lose more hearing of high pitched sounds, while females tend to lose more hearing of low pitched sounds. People have noted that as time goes on, males and females literally lose the ability to hear each other (it's a joke).
11. Females are significantly better at distinguishing between shades of various colours than males.
12. Blood flow is more evenly distributed in the male body. In females it is concentrated around core organs and the pelvic region.
13. There are about 1,000 genes that vary between males and females with regards to the liver. This is why the sexes process everything from alcohol to Tylenol at different rates.
14. Females tend to have a broader face than males
15. The external occipital protuberance (the bump on the back of your skull) is bigger in males than in females.
16. The male jaw bone is heavier than the female jaw bone.
17. Some studies have found men to have more standard deviation in IQ. This has been spun by the media to partially account for why both more mentally handicapped individuals as well as geniuses tend to be male. (note: the media tends to draw more conclusions from inconclusive studies than scientists do.)
18. Women tend to gather a greater proportion of their energy from aerobic respiration; men tend to spend more time in anaerobic respiration, relatively speaking.
19. The top edge of the eye socket is much sharper in females than in males.
20. Females have better peripheral vision than males, while males are typically better at scanning. This is thought to have evolutionary origins (hunters vs gatherers).
21. During heart attacks, males experience the 'classic' symptoms like chest and jaw pain, while for females the symptoms can be quite diverse. In fact, it can often be confused for heart burn.
22. Females' blood contains more water and about 20% less red cells.
23. Although female brains are better at many other tasks, male brains are geared towards giving them better spacial cognition.
24. Females tend to get motion sickness more easily, especially if they are pregnant.
25. Males die more from almost every disease except breast cancer, female reproduction disorders, and benign tumours.

14 – list25.com/25-biological-differences-between-men-and-women