

# HOW TO: Respond Properly to Others

Here is the 'golden rule' for inter-personal relationships:

**Choose your attitude**

Follow this rule and you will respond better to others as you practice it.

Also, here's an important understanding we all need:

**You make the choice how  
you respond to others**

Nothing happens accidentally in the way we speak or act. Even if we didn't think we made a decision beforehand, we did. We made a subconscious decision and this circumvented our consciousness which could have overridden it.

We respond properly out of agapē, but these 2 principles need to be in place as well so that we are fully in control of ourselves.

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