

THE IMAGE by Allison Bown

Chapter 2: Overcoming our deepest fear.

In re-reading chapter 2 (Overcoming our deepest fear) I found it difficult to process and will need to revisit it again. Not that I mis-understand 'that it is our light' which can (or should) frighten us most as Sons and Daughters of God, it is just that reflecting the fullness of his true nature seems so far removed from reality. Nelson Mandela's quote (page 51) is amazing.

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light that most frightens us. When we ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are meant to shine, as children do. We were born to make manifest the glory of God that is within us.....and as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

What can be really challenging for us, is that when we have been in God's presence, given an assignment, which seems quite easy...at the time, can then become frightening when we step into the real world. As soon as we embark on our task, an internal giant of doubt can arise and ask 'Who do you think you are?' Negativity is one of the chief assassins of our true identity that can eliminate us from taking the very territory we have just seen so clearly. Unfortunately the first person to doubt our real identity is ourselves. A difficulty in identifying our God given destiny is that our preparation will rarely unfold as we expect it, but will use every circumstance as a training ground.

As ambassadors of the King and his kingdom, we must remind ourselves, as necessary, that we carry with us the king's full authority (His seal) to implement his kingdom wishes on this earth...without question. 'His will on earth as in heaven'. That's it!

People are meant to see 'Christ in us'. This can only happen when we are reflecting an accurate image of who God really is, so that who they see is Him...not us.

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Landmark.

New ideas or a fresh perspective from this chapter. It maybe a key truth you want to investigate more.

eg.

I guess, upon reflection, I really do have difficulty in fully believing, that as a Son/Daughter of the most high, carrying his DNA after being re-born from above, a new species living in a human body, having all His power available to me, that, I am then fully capable of carrying out his specific instructions on this earth.

Questions for Exploration.

These should act as a compass to give some sense of direction in coping with fear.

eg.

a) Even though i know who I am in you, why do I have trouble living this out daily in my life?

Questions for God.

This is where you are doing the asking and he is doing the answering.

eg.

a) Why is it difficult transitioning to fully living in the spirit?...for that is where the kingdom is.

New Thought.

This is about actively upgrading our perceptions, thinking and understanding of God's true identity, because our identity is linked to His.

eg.

There is always more to experience with you. Will you help me see you in a more accurate way than I currently do?

Activating your Discoveries.

How do we activate what we have learned. Spiritual development is always meant to partner knowledge with real-world encounters. Describe one such encounter.

eg.

In trust, I asked you to identify a demonic statue (as you are the source of all knowledge). You did, and when I checked it on the out on the web, it confirmed you were correct.