

WAH Part 4-Healing the Wound

Before we start this week I want to cover a few things we may have overlooked last week regarding our wound.

While we may have had the best Dad possible, who did all the right things by us and provided validation and initiated us into manhood, we would almost certainly have taken an arrow in our heart from him. Our heavenly father, on the other hand, is totally trustworthy, and it is he that we must turn to for validation and healing.

Ps. 23:4 says, we must watch over our hearts with all diligence. We can love our wives and family deeply but you cannot give them your heart or power over it, because they will ultimately wound you. Love is not a feeling it an act of your will. It is only our heavenly father that we can trust with our heart. If we are obedient to the first and great commandment, you will understand why our wives and family must come below our love for God.

Objective

This week we are going to ask Jesus to heal our hearts and restore us. When Jesus steps onto the stage in Luke 4 he quotes from Isaiah 61. He says the reason I have come is to bind up and heal your wounds, and set your heart free. So tonight we are going to take Jesus at his word and do just that.

Opening.

How has your week been coming to terms with your wound. Has anyone found it a tough week opening up your wound? Has anyone not discovered it yet?

We are going to watch a clip from the movie 'Good Will Hunting'. It is about what can happen when a man realises he has 'owned' his wound and discovers he doesn't have to. Will Hunting is a brilliant young man but hides behind the 'false' self of a tough kid on the block. This is born out of a father wound. He never knew his real dad but his foster father would come home drunk and beat the hell out of Will. He gets into trouble and is ordered to see a psychologist, Sean played by Robin Williams. They form a bond, for the first time in Will's life , an older man cares for him deeply. There is language in it but it is a powerful scene. Ch. 17 on DVD.

Roll the video

Let's watch the video and see how John and his mates come to terms with it.

Take a coffee break and then talk about the video.

Talk about the video.

As boys we are taught not to cry when we get hurt. This leads to covering up our emotional hurts when we get older. We minimize the hurt and just get on with life. What we are now talking about is a wound that goes unacknowledged and unwept is a wound that cannot heal. Have a look at the exercises on page 126 of field manual.

God is fiercely committed to the restoration and release of our masculine hearts. The healing process is different for everyone, some immediate, some over a short time frame and sometimes God revisits us a year or two later for a subsequent healing.

1.Let's just go back and describe our wounds again as a group. Maybe God has shown you more this last week..

2.Now take some time and write down one of the ways stated on page 126 that you have mishandled your wound and why you chosen that particular way. Have we denied, minimises or embraced it. What have we done with it.

3.The question does not go away. 'Do I have what it takes? Am I a real man?' John said 'If we're

scared to talk to our wives, then we're looking to them for validation. We don't want to get an F so we stay away. Where are you going for validation?'

4. What would you love God so say about you as a man?

5. Now I want to follow John's example, and read the healing prayers. We will do this together, mean them, and ask Jesus to begin the healing process. I will read the first and then you can repeat. Afterwards, we wait on the Lord for a bit to hear from him.

Close

John says 'our masculine journey comes alive when we ask God to father us. During the week try to spend some individual hours with God. Just you and him. See what he has to say to you? He may reveal your true name.

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