

Learn to Relax More

Relax! Please learn to relax more in me so my love can flow through you. When you are tight ('up tight') you squeeze my love and restrict it's flow out of you to others.

Yes, it is great that XXXX¹ is finally hearing from me and journalling. Thanks for encouraging her and being a stabilizing factor in her life. Keep it up. And, she has wounds that need healing so she can step out in confidence for me. Be a male she can trust. Hold her trust gently, but firmly, and see her flourish. Don't use or abuse her as she is mine and I'm jealous for her.

Bless you my Son.

Father

(Words in brackets are what I understood in my spirit immediately I was given something to write)

Laurence

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¹ - Name withheld for their privacy