

Handling Monotony

I'm a self-starter who can always look for some way to turn monotony and tedious repetition into something that's engaging and enjoyable. I've been able to do this all my life, and it's still an essential part of the way I live.

The need to deal with the monotony of life was always a part of my life in the past. School was monotonous, so I followed my interest in entomology every day at school. Shearing sheep and goats was monotonous, so I focussed on doing a better job of shearing every animal. Hay carting was monotonous, day after day in the hot sun, but I can't remember how I coped, especially with a sore back. That was my life in the distant past (well, only a tiny part of it).

It seems irrational that I still use this ability as I continue to mature in spiritual matters. But the thing is, I still live in a natural body and have a soul that's not completely under the control of my spirit. My mind still needs to be brought in-line with what's righteous, important, of the Kingdom and kept from drifting. Keeping the soul and mind in check is a never ending responsibility for sons, also. The same goes for our attitudes and our will. Our heart also needs to be kept so that it only belongs to our Beloved, because it's very easy to get a divided heart when we look to please ourselves.

I was delighted this morning to read that Father knows about the monotony of life and he's suggested the same technique as I use – “create an interest”.

“When you find yourself in the monotony of every day looking the same as yesterday and the day before, it is time to begin to make plans that will get you out of the rut. It doesn't have to be anything extravagant, but just something to create interest and variety in order to alleviate boredom and tedious repetition. No one is going to do this for you, but one thing you can do is spend more productive time in My presence as you seek to grow spiritually.”¹

If we don't deal with monotony, tedium and boredom, our mind wil wander into negativity and that's into the realm where the enemy works. That's opening the door for him to gain access and cause destruction.

For me, staying in my Beloved's presence and focussing on him and his Kingdom are the main ways I keep my mind focused away from anything negative. I also keep focused on my Kingdom assignments, enjoying them and enjoying my sonship.

Laurence
22-3-2021

(www.CanberraForerunners.org)

COPYRIGHT

This document is free to copy, republish and distribute, but only 'as is'. It is free to quote from at length.

All Canberra Forerunners' documents are licensed under

Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License

Quotes are the copyright of their authors.

Free graphics are from www.clker.com & free photos are from commons.wikimedia.org unless otherwise credited.

(Readers will need to look up for themselves any scriptures alluded to in this document)

1 – “Small Straws in the Soft Wind” (21-3-2021) ft111.com/smallstraws.htm

[Next year Marsha will archive this message on the ft111.com website. Find it here: ft111.com/archive.htm]