

# Refuse to Wallow in Self-pity

Self-pity is an emotional response of the soul to a failure to succeed. It often happens when a person plans something important and it doesn't turn out anything like it was supposed to. It's also a response to a lack of love and appreciation.

Self-pity is a common suffering for who put their need for self-recognition primarily by doing things for others, and often things that are not in their jurisdiction to do. People are often unappreciative, especially when they didn't want or need something done for them, so recognition isn't always forthcoming in these circumstances.

The important thing is to realise that self-pity is a soulish, emotional activity.

Sons cannot allow self-pity to take a hold of them in any way or at any time. From my experience of submitting to it, it opens the door for the enemy to work. Accepting the feeling of self-pity leads to a downward spiral into depression, so it must be identified and shut down as quickly as possible. Each time we allow the enemy access through our soul there is a consequential extended period of time to rectify the damage.

Our King's injunction to think differently, so that self-pity is not engaged, is essential knowledge to work with. Here's a recent one of his statements to us:

*“To those who feel useless and out-of-touch I say do not despair. What has felt like a choke hold will be released and doors will open before you that will put you on the road to recovery and progression. Refuse to sit down in a mood of desperation or wallow in self-pity. Arise internally and see your possibilities. I have given you hope and a future.”<sup>1</sup>*

**REMEMBER:** Choose your attitude. Choose not to be hurt emotionally.

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(Readers will need to look up for themselves any scriptures alluded to in this document)

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1 – “Small Straws in the Soft Wind” (20-3-2021) [ft111.com/smallstraws.htm](http://ft111.com/smallstraws.htm)

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