

# We Set Our Limitations



**NEWS FLASH!** We are the ones who set limitations on ourselves, even if the source comes from our training, schooling or from society. Yes, we choose to do it, even if it was imposed on us from the outside. Those limitations are usually set by fear or by not thinking ‘big’ enough. The limitations then limit what we can achieve and where we end up at the conclusion of our working lives.

The reason for this article is that believers living out of their minds and souls, with religion as their mainstay, may have limited their expectations of themselves because they were taught that promotion in the world is ungodly (it might have been inferred as such). These people are severely limiting themselves and need their eyes opened that they are restricting their potential.

Also, there are many others who are struggling with life, unhappy with who they are and what they’ve made of themselves. These people need some instruction in the importance of removing their limitations so they can begin to succeed.

## Some Wisdom

With that in mind, let’s hear some worldly wisdom from Tony Robbins, a motivational speaker who presents teaching on the topic of raising our standards. Here’s the background to his talk:

*“Tony Robbins explains brilliantly how we need to place less emphasis on setting goals, and more on shifting our sense of identity. Part of the problem is that we still identify ourselves with old patterns and habits. When we identify ourselves with those limiting beliefs, even having the best values and intentions won’t shift us out of the old ways. We have to raise our standards. That means we have to step into a new identity of who we are and how we see ourself. By having a clear image of the kind of person we want to become, and then assuming that identity right now, we overcome our limiting beliefs. Instead of “shoulds” our values are “musts”. They take absolute priority. That is when we start to live with higher standards, and that is when we achieve our goals and aspirations.”*<sup>1</sup>

Here’s a short quote from what he said about the importance of raising our standards so we can reach our potential. (NOTE - It’s conversational language, so you may find it hard to read. Listen to the video instead to get the message.):

*“The Number one thing that’s going to change your life. The only thing that will change your life, change your business, change your money, change your relationship. You must raise your standard. I know that sounds boring, stupid, basic, but it’s the truth. The only thing that changes our life, long-term, is when we raise our standards. What does that mean? That sounds so boring and dumb. It means that all of us in life have things we want. We don’t get what we want. We get what we have to have. Remember I said earlier, we all get what we tolerate in ourselves and other people. But, when you’re no longer willing to tolerate something that’s when your life changes. The difference in people is their standards. PERIOD.”*<sup>2</sup>

You may balk at worldly wisdom because you’ve been taught it’s ungodly. Well, as our mind and will usually override our spirit, we need to work on those two controlling parts of our being so we don’t end up in depression as a result of not succeeding in life. That’s the usual end result of living out of our mind and soul, because life never ‘measures up’. Once we set ourselves limits on what we can rise up to, we can succumb to being depressed – something everyone seems to be prone to today.

## The Problem

Here’s the problem: Christians are taught to set limitations on ourselves, but these were usually established through religious thinking. This comes from a misunderstanding of life and the teaching about what’s sacred and what’s secular.

1 – VIDEO BLURB: Tony Robbins “Raise Your Standards” [www.youtube.com/watch?v=aUck-umj2WI](http://www.youtube.com/watch?v=aUck-umj2WI)

2 – QUOTE: Tony Robbins “Raise Your Standards” in “The number one thing that’s going to change your life...” by John Raymonds [medium.com/seeds-to-grow-a-life-from/the-number-one-thing-that-s-going-to-change-your-life-c034714f9e81](https://medium.com/seeds-to-grow-a-life-from/the-number-one-thing-that-s-going-to-change-your-life-c034714f9e81)

I see many, many depressed and underachieving Christians who are dissatisfied with their lives. These need to hear what Tony Robbins has to say so that can become more 'even-keeled'. Once the pressure of being unsuccessful has been reduced or eliminated, they can then start thinking about their spiritual lives and where they need to be focused spiritually. They need to deal with their attitudes and emotions before they can move into the Kingdom aspects of achieving in life.

## My Past Experiences

In my youth, I decided to become a self-made man. I'd seen the benefits of being a go-getter and the admiration that men received who could "do anything". I wanted that. So I went for it, and that desire propelled me through university and into life as a high school teacher. I made that decision to make myself into who I wanted to be because my Methodist up-bringing kept me fearful of the evil world outside and never taught me that to prosper in life, to achieve in life, was OK.

As a young man, the desire to achieve in anything I put my mind to kept me powering on, achieving more and more. It wasn't until I began suffering from skin cancer because of my farm life, due may pale Gaelic skin, that life started to go 'wobbly'. That should have 'knocked me for six', but a few years prior to that I had been baptised in the Holy Spirit and my spiritual life had become the focus of my advancement.

## Today Experiences

Even today, as an apostolic and prophetic member of the Kingdom, I aspire to be the best I can be. I still don't set limitations on myself, but for a different reason. My new propulsion is knowing that I'll be trained by Father to be ready to be raised up to greater things. I have set his standards as my standards now, and I aspire to those levels he has for me.

Learning to be a son has been eye-opening for me. To understand that we were created as planet managers and that we've returned to that status at the time we're spiritually reborn has been a theology-busting, wonderful reality-check. As a member of our King's team to bring restoration to the world through the expansion and impact of his Kingdom is a high honour. Of course, that honour is available to everyone who's prepared to totally surrender to him and to his purposes. Just thinking about the possibility of what I'll be doing further down the track is amazing. That's why it's essential for me to remove any thought of limitations.

Moving on to the understanding of our kingship now puts a whole new perspective on our limitations. We can't be trained to operate as spiritual kings if we put limits on ourselves. One of the characteristics of productive earthly kings is their belief that they can do anything, achieve anything. They may not succeed, but that belief keeps them actively planning what they can do next.

We need to be like that, or we'll fail to reach our potential as kings in The Kingdom.

∴ SET NO LIMITATIONS

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(Readers will need to look up for themselves any scriptures alluded to in this document)

(More resources over the page)

**VIDEO:** “Raise Your Standards” (Tony Robbins)  
[www.youtube.com/watch?v=aUck-umj2WI](http://www.youtube.com/watch?v=aUck-umj2WI)

**VIDEO:** “Raise Your Standards” (Tony Robbins)  
[www.youtube.com/watch?v=hlZ3UkjlXA8](http://www.youtube.com/watch?v=hlZ3UkjlXA8)

**VIDEO:** “Raise your game and standards to World Class” (Robin Sharma)  
<https://www.youtube.com/watch?v=TQYhn267hw0>