

# August 27<sup>th</sup> 2018

*This article contains the spiritual facts (realities) I was given prophetically on the above date.  
These have been 'The Word' for me as they come from "the Word of God" to me.  
The facts are on page one. The source quotes are on page 2, so it is clear where they came from.*



## SOURCE FILE: "46-Stressing Counteracts What I Am Doing"<sup>1</sup>

1. Wait patiently for Heaven to work on situations and circumstances, as well as life.<sup>ii</sup>
2. Don't stress over what can't be seen or what can't be done.<sup>iii</sup>
3. The process of refinement we go through takes time.<sup>iv</sup>
4. Stressing counteracts the work being done on our transformation.<sup>v</sup>
5. It's appropriate to ask for more transformation.<sup>vi</sup>
6. Rest must be our constant attitude. We must align ourselves with it.<sup>vii</sup>
7. Heaven is a place of rest.<sup>viii</sup>
8. Rest and peace are hallmarks of the Kingdom.<sup>ix</sup>
9. Rest and peace need to be fixed in our lives so we can receive the fruit they bring.<sup>x</sup>
10. Testing is constant in the lives of those who want to mature.<sup>xi</sup>
11. Let testing occur and enjoy it as benefits follow after it.<sup>xii</sup>
12. Looking at the slackness of others steals your joy.<sup>xiii</sup>
13. I must maintain my joy and bubblyness because it's a source of strength and encouragement for those I interact with.<sup>xiv</sup>
14. Religion needs to be extracted from our lives so we can enter our destiny.<sup>xv</sup>
15. Enjoy every day.<sup>xvi</sup>
16. Enjoy your spouse.<sup>xvii</sup>

Laurence

23-7-2021

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# REFERENCES

- i – [canberraforerunners.org/wp-content/uploads/2021/07/46-Stressing-Counteracts-What-I-Am-Doing.pdf](https://canberraforerunners.org/wp-content/uploads/2021/07/46-Stressing-Counteracts-What-I-Am-Doing.pdf)
- ii – “I’ve told you to wait for me, so wait patiently.”
- iii – “Don’t stress over what you can’t see and can’t do. All is not lost.”
- iv – “You are going through a process of refinement and this takes time.”
- v – “Relax in me and let me change you for your own good. If you stress, you counteract what I am doing.”
- vi – “It is, however, OK to desire more.”
- vii – “Your attitude must be ‘rest’, because Heaven is a place of rest and that’s where things happen.”
- viii – “Your attitude must be ‘rest’, because Heaven is a place of rest and that’s where things happen.”
- ix – “Rest and peace are hallmarks of my Kingdom, so align with these.”
- x – “Rest and peace are hallmarks of my Kingdom, so align with these. Fix them into your daily routine so you’re not marginalised from the fruit that they bring to you.”
- xi – “Yes, you are being tested. This is a constant situation with you as I’m wanting you to change and move forward – as much as you desire it.”
- xii – “Yes, things will be better for you in the future, but for now, relax and enjoy what I am doing in you and around you.”
- xiii – “Don’t look at the slackness of others (which you have been doing) as it will only steal your joy.”
- xiv – “Your joy and bubbliness are a source of strength and encouragement for others who connect with you. Don’t lose them.”
- xv – “Thanks for passing my message on to the African lady. She needed to hear it as her life is currently undergoing renovation and I need to do more. Religion needs to be extracted from her to release her into the work I have for her to do. Well done.”
- xvi – “Enjoy today.”
- xvii – “Enjoy your wife.”