MENTORING OTHERS

7-Dealing With Core Issues

(This is a mentoring article)

So you've committed yourself to Father to deprogram you and then reprogram you with what you really need to know. That's excellent.

At the moment you may be 'ruminating' on the core issues that Father has his finger on in your life. These will be foundational issues that you need to deal with before you can peacefully move forward. They're most likely the BIG issues you haven't dealt with in the past, or ones which are a problem for you at the present time.

It's excellent to reflect on these issues and to process what the Spirit has been prompting you with. That's how you allow the Spirit to make changes from the inside-out, which is the most effective way to be changed.

I spent a few years working through my issues and my core pain, eventually coming out the other side.

The key to being free from personal issues is to know that Father is a perfect Father who only wants the best for you. He does NOT want to punish you, in any way shape or form for the issues you're dealing with – not even for anything, for that matter.

How to forgive effectively may be something you're finding hard to deal with. Experientially, you've most likely found that when you choose to forgive someone, you often find some anger or resentment surfacing.

That's a normal soulish response that we all get in the early stages of learning to truly forgive.

The key with forgiveness is to learn to forgive and **release**. Release means that the person doesn't have to apologise, pay debts, pay restitution, or anything else – they owe you nothing as a consequence of their actions. Effectively, what you need to achieve by releasing them is to exonerate them. That is, find them not guilty in your heart and mind, just as Father now sees you as totally forgiven, with nothing for you to do in response.

Freely releasing people is how I got over the anger/resentment hurdle.

Some people use the term 'turning the other cheek' with forgiveness, but that's a cliché which is not any help when struggling to forgive.

If you choose the 'turn your other cheek' method, make sure it's done out of your sonship (i.e. copying Father's technique), not emotionally or by forcing yourself to do it – AKA 'gritting your teeth'.

On 'the other side of the coin', 'turning the other cheek' should not be seen as weakness. If necessary, you may still need to discipline someone once you've forgiven them for their action. Others may need correcting.

Eventually, 'forgive & release' has to become a way of life so that it's carried out simply, easily, quickly and completely. That's the way Father would have us do it.

There will be more core issues that Father will ‘put his finger on’, so what you’re going through at the moment is just part of the process.

Be brave and continue to let Father clean you out and change you.

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