

# An Example of Two Science Camps in the Same Field-Nutrition

Nutrition is an area where there is a lack of consensus among scientists. Don't think nutrition is a science or has scientists associated with it? Wrong! My research work at the Sydney University Agricultural Research Station (Camden, NSW) was in nutrition of dairy cows. There are many researchers in human nutrition, some working for Australia's CSIRO Food Division<sup>1</sup>, and more connected to the big food manufacturers<sup>2</sup>.

Debates in nutrition have been going on for decades, but the general populace doesn't see it as important science. On-&-off we've heard from the media about numerous food debates, but these we've mostly ignored. For example: The benefits and detriment of chocolate; the benefits and detriment of coffee; paleo diets; the tug-a-war between margarine and butter; just to name a few.

Negative nutritional science has got so painful, with all the contrary reports from nutrition scientists, that every thing we eat or drink is bad for us or is carcinogenic. That food choice quandary prompted one humorous person to post the following as our only approved food source.<sup>3</sup>



Looking at the seesaw tussle from scientific research about margarine and butter is an area where science is very divided. On top of that, it's professional nutritionists who play the game of confusing us because they promote themselves as experts. Sound like the COVID pandemic experts? You bet.

We are constantly being put in the dark by experts who back their stance from selective science, including in nutrition. To get a good overview of the margarine and butter dogfight, the following media report will serve as the source of our information at this point:

[“The Big Debate On Saturated Fats and Heart Disease”  
www.theepochtimes.com/health/saturated-fat-the-great-debate\\_5381319.html](https://www.theepochtimes.com/health/saturated-fat-the-great-debate_5381319.html)

*(I leave my readers to follow up on the above article from Epoch Times.)*

**NOTE:** Be prepared for governments to control what we are allowed to eat in the future. Their choices will most probably be based on selective science, “to be sure, to be sure”.

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1 – [www.csiro.au/en/research/production/food](http://www.csiro.au/en/research/production/food)

2 – e.g. [www.nestle.com/about/research-development](http://www.nestle.com/about/research-development)

3 – PHOTO: By Andrew Butko. CC Creative Commons Attribution-Share Alike 3.0

[commons.wikimedia.org/wiki/File:2012\\_%D0%96%D0%B8%D0%B7%D0%BD%D1%8C\\_%D0%BF%D0%BE%D1%81%D0%BB%D0%B5\\_%D0%95%D0%B2%D1%80%D0%BE\\_064.jpg](https://commons.wikimedia.org/wiki/File:2012_%D0%96%D0%B8%D0%B7%D0%BD%D1%8C_%D0%BF%D0%BE%D1%81%D0%BB%D0%B5_%D0%95%D0%B2%D1%80%D0%BE_064.jpg)