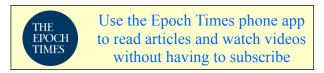


MONTHLY UPDATES



BE INFORMED¹

(March 2024)



• ★ "WHO Rules the World?"

"Lawmakers in both the UK and US have expressed grave concerns about the WHO's expanding 'command and control' approach."

* www.theepochtimes.com/opinion/who-rules-the-world-5599658

"The WHO Wants to Rule the World"

"From net zero to mass immigration and identity politics, the "expertocracy" elite is in alliance with the global technocratic elite against majority national sentiment. The COVID years gave the elites a valuable lesson in how to exercise effective social control, and they mean to apply it across all contentious issues."

* www.theepochtimes.com/opinion/the-who-wants-to-rule-the-world-5615437

"Exposing the Origins of the WHO and the Dangers of the New Global Treaty"

"Right now, the World Health Organization (WHO) is in the process of finalizing a new global treaty, which would give it great authority to dictate America's policies during a pandemic. And so, while the WHO has been, up until now, an advisory body somewhere in Europe that U.S. officials in the CDC and the FDA can turn to for advice—they will instead become the ones to actually determine which policies we implement, like our vaccine policies, our lockdown policies, our school closure policies, the contact tracing of our citizens, and even the monitoring of our online speech if that speech goes against the official narrative. And so, in this episode, we discuss the origins of the WHO, as well as the implications of this new treaty."

* www.theepochtimes.com/epochtv/exposing-the-origins-of-the-who-and-dangers-of-the-new-global-treaty-facts-matter-5602985

"The WHO Pandemic Agreement: A Guide"

"The World Health Organization (WHO) and its 194 Member States have been engaged for over two years in the development of two "instruments" or agreements with the intent of radically changing the way pandemics and other health emergencies are managed. One, consisting of draft amendments to the existing International health Regulations (IHR), seeks to change the current IHR non-binding recommendations into requirements or binding recommendations, by having countries "undertake" to implement those given by the WHO in future declared health emergencies... A second document, previously known as the (draft) Pandemic Treaty, then Pandemic Accord, and more recently the Pandemic Agreement, seeks to specify governance, supply chains, and various other interventions aimed at preventing, preparing for, and responding to, pandemics (pandemic prevention, preparedness and response—PPPR). It is currently being negotiated by the Intergovernmental Negotiating Body (INB)."

* www.theepochtimes.com/opinion/the-who-pandemic-agreement-a-guide-5616396

DRAFT AMENDMENTS: apps.who.int/gb/wgihr/pdf_files/wgihr1/WGIHR_Compilation-en.pdf PANDEMIC AGREEMENT: apps.who.int/gb/inb/pdf_files/inb7/A_INB7_3-en.pdf

1 - WEBPAGE: canberraforerunners.org/?page_id=7319

· "Freedom Is Not Free"

(Decline in defense spending over time)

* www.theepochtimes.com/opinion/freedom-is-not-free-5577398

REPORT: data.worldbank.org/indicator/MS.MIL.XPND.GD.ZS?locations=AU (AUSTRALIA)

REPORT: data.worldbank.org/indicator/MS.MIL.XPND.GD.ZS?locations=US (USA)

"5th Generation Information Warfare: FALLOUT"

"The Chinese military strategist Sun Tzu once wrote: "The supreme art of war is to subdue the enemy without fighting." We live in an age of fifth-generation information warfare. Battles are not solely fought with guns and bombs. The new battlefield is in the minds of every citizen. There are covert psychological operations at play to control what you see, what you hear, and what you're allowed to think. In this first episode of FALLOUT, our new EpochTV show co-hosted by Dr. Robert Malone and Epoch Times senior editor Jan Jekielek, we'll be diving into some of the key tactics of disinformation."

* www.theepochtimes.com/epochtv/fallout-with-robert-malone-are-you-being-manipulated-5573074 TRANSCRIPT: www.theepochtimes.com/epochtv/fallout-with-robert-malone-are-you-being-manipulated-5573074

"United Nations Exposed for Facilitating Mass Migrant Trafficking Into the US"

"The United Nations is being accused of helping facilitate mass illegal immigration into the United States. The U.N.'s International Organization for Migration, which gets money through the U.S. government, is playing a key role in assisting people looking to use the amnesty system to gain entry to the United States, and is working through numerous NGOs as part of these operations."

* www.theepochtimes.com/epochtv/united-nations-exposed-for-facilitating-mass-migrant-trafficking-into-the-us-5577097

• "Why Global Shipping Channels Are in Danger"

"As conflicts with Russia, Iran, and potentially China increase, there are now efforts to control international shipping channels. The emerging threat relates to the "String of Pearls" of the Chinese Communist Party (CPP), where the CCP has tried to gain a foothold in all major global shipping chokepoints. And as global conflicts grow, so do the risks of these channels being cut off."

* www.theepochtimes.com/epochtv/why-global-shipping-channels-are-in-danger-5553612

• "China's Dual-Use Buildup in Antarctica"

"In a direct threat to American interests, China is systematically building up dual-use military-civil capabilities in Antarctica to exploit this region's growing strategic importance. This is a serious concern that will require a coordinated response from the United States and its allies. For the Chinese Communist Party (CCP), control of Antarctica would assure access to its unexploited resources and fish stocks and assist the People's Liberation Army's (PLA's) nuclear superiority and space control."

* www.theepochtimes.com/opinion/chinas-dual-use-buildup-in-antarctica-5615576

• "Illegal Immigrants Promote Seizing American Homes"

"A Venezuelan illegal immigrant posted a viral video online, telling other illegal immigrants that they can legally "expropriate" the homes of Americans through our squatter rights laws. The issue of squatters rights has been growing in the United States, as several states allow people to live rent free in homes, while homeowners can do little about it despite shouldering the mortgage payments."

* www.theepochtimes.com/epochtv/illegal-immigrants-promote-seizing-american-homes-5614815

• "Our students are being used as political tools"

(IPA commentary)

* youtube.com/shorts/5IXwFou-FjM

• "Are Smart Products Destined for Obsolescence?"

"We often take it for granted that whatever is new is better. That isn't necessarily true. The marketplace can often seize on a product and cause a craze, only to have it disappear in a few years. Everyone looks back and wonders how we could have done that. The paradigmatic case is the waterbed popular in the 1970s and '80s. What were we thinking?"

* www.theepochtimes.com/epochtv/are-smart-products-destined-for-obsolescence-freedom-first-5614721

· "Why 'Blowing Off Steam' Backfires"

- "Venting anger through hitting punching bags or rage rooms is ineffective and can increase aggression, according to research."
- * www.theepochtimes.com/health/why-blowing-off-steam-backfires-5609998 **REPORT:** www.sciencedirect.com/science/article/pii/S0272735824000357?via%3Dihub
- "Fluoroquinolone Alert: The Common Medication That Could Lead to Irreversible Health Conditions"
 "Fluoroquinolones, including ciprofloxacin (Cipro), levofloxacin (Levaquin), and moxifloxacin (Avelox),
 are powerful antibiotics designed to battle various bacterial infections—from urinary tract and respiratory
 infections to dermatological conditions...Research indicates that fluoroquinolones double the risk of
 aortic aneurysm and aortic dissection, which are potentially lethal cardiac conditions. These antibiotics
 have also been associated with QT interval prolongation, a precursor to sudden cardiac death."

 * www.theepochtimes.com/health/fluoroquinolone-alert-the-common-medication-that-could-lead-to-

irreversible-health-conditions-5586004

REPORT: www.ncbi.nlm.nih.gov/pmc/articles/PMC6865049/

"The West's Descent Into Madness"

"If it is possible to watch a society—an entire civilization—go insane, we are watching that phenomenon in real time. Across all forms of media, the headlines bring fresh evidence daily. Western civilization—that aggregation of cultural, political, social, and religious traditions that has formed the basis for European societies and those of their current and former colonies and territories—is committing suicide, using every weapon—philosophical, legal, and political—at its disposal."

* www.theepochtimes.com/opinion/the-wests-descent-into-madness-5611892

"Why Would Corporate Media Favor Censorship?"

"Never would I have imagined that major organs of U.S. news production such as The Washington Post and The New York Times would defend press censorship. And yet here we are. Over the weekend, the NY Times ran a huge hit piece on everyone who has doubted the Biden administration's push to censor counter-regime narratives on social media and media platforms generally."

* www.theepochtimes.com/opinion/why-would-corporate-media-favor-censorship-5610200 HIT PIECE: www.nytimes.com/2024/03/17/us/politics/trump-disinformation-2024-social-media.html

• "Government Land Grabs, from 'Natural Asset Companies' to Agenda 2030"

"They're trying to create this new asset class...and they get to arbitrarily decide how much they are valued. So, it's not that the marketplace is going to value them. It's going to be a bureaucrat sitting in a room saying that the air you breathe is worth X, and the air I breathe is worth Y."

 ${\color{blue}* www.theepochtimes.com/epochtv/government-land-grabs-from-natural-asset-companies-to-agenda-2030-margaret-by field-5609656}$

TRANSCRIPT: www.theepochtimes.com/epochtv/government-land-grabs-from-natural-asset-companies-to-agenda-2030-margaret-byfield-5609656

• "Putin Issues Warning of 'Full-Scale World War III' in Post-Election Speech"

"Russian President Vladimir Putin on March 18 warned that the Ukraine-Russia conflict could morph into a "full-scale" war with NATO that could spark World War III. He made the remarks shortly after securing another six-year term in office. Mr. Putin said he would continue the conflict even if NATO gets involved."

* www.theepochtimes.com/world/putin-issues-warning-of-full-scale-world-war-iii-in-post-election-speech-5609637

• "Faith-Based Schools Can't Maintain Ethos Under New Religious Discrimination Bill"

"Faith-based schools could find themselves getting bogged down in litigation as a result of the Labor government's religious discrimination bill, according to the federal opposition. Shadow attorney-general Michaelia Cash has taken aim at the Albanese government's upcoming religious discrimination protections, which she said could obstruct religious schools from maintaining their religious ethos."

* www.theepochtimes.com/world/faith-based-schools-cant-maintain-ethos-under-new-religious-discrimination-bill-opposition-5609230

CONSULTATION PAPER: www.alrc.gov.au/publication/adl-cp-2023

· "Who Poisoned Our Food?"

"What precisely is wrong with the American diet and how does it keep creating ill-health? We are what we eat, goes the old expression, so what are we eating that is causing this? We would be wise to consider this and stop just stuffing our mouths with what seems convenient, readily available, mega-delicious, and cheap. Fixing this problem requires at least some more eating consciousness...How did this huge shift to a corn-and-grain-based diet happen? It really began with the Nixon administration and the tenure of U.S. Agriculture Secretary Earl Butz from 1971 to 1976. After growing up on a farm, Butz was personally bitter from the New Deal experience, when FDR had skewed agricultural policy toward restricting production in the name of keeping prices high. Butz's solution was the opposite. He wanted to pay farmers to expand production and compensate them generously for any declines in the price that doing so would cause. The result was to drive a dramatic expansion of industrial-based farming for soy, corn, and every other grain, as well-heeled corporate moguls purchased as much land as possible and eventually squeezed the family farm out of business. That's when the trouble began. There needed to be some place or way to use this tremendous surplus that came about."

* www.theepochtimes.com/opinion/who-poisoned-our-food-5607991

• "Elite Heaven or Real Hell on Earth?"

"Anytime ideology and dogma trump merit, logic, and safety, the result is predictably scary and dangerous. The United States needs to recalibrate its priorities to protect the lives and aspirations of all of its citizens, regardless of their race and gender. If our elites do not stop playing god and mandating their visions of heaven on earth, then they will surely ensure hell for us all."

* www.theepochtimes.com/opinion/elite-heaven-or-real-hell-on-earth-5608001

• "Salt Deficiency Could Be Life-Threatening; Here Are the Lesser-Known Dangers"

"We are constantly warned of the dangers of eating too much salt. Some people, however, face a greater danger from eating too little salt—even as they try to eat less of it."

 ${\color{blue}* www.theepochtimes.com/health/salt-deficiency-could-be-life-threatening-here-are-the-lesser-known-dangers-5589960}$

OVERVIEW: www.ncbi.nlm.nih.gov/books/NBK470386

REPORT: academic.oup.com/qjmed/article/104/12/1103/1545294

• "NSW Bans Coastal Seabed Petroleum and Mineral Mining"

"New South Wales will become the first state in Australia to ban deep-sea petroleum and mineral mining off the coast after the government amended the state's Environmental Act. The Environmental Planning and Assessment Amendment (Seabed Mining and Exploration) Bill 2024 prohibits mining for seabed petroleum and mineral exploration and was implemented to address growing concerns about disruption to marine ecosystems."

* www.theepochtimes.com/world/nsw-bans-coastal-seabed-petroleum-and-mineral-mining-5607678 **LEGISLATION:** legislation.nsw.gov.au/view/pdf/asmade/act-2024-12

• "Gold Prices Soar to Historic Highs Amid Heightened Global Tensions"

"Gold continues to surge, fueled by its status as a safe haven in the face of global uncertainty...Spot gold prices exceeded previous records set in December, hitting new highs on March 6 and 7. By March 11, gold's value ascended further, reaching a historic peak, surpassing \$2,180 per ounce."

* www.theepochtimes.com/business/in-depth-gold-prices-soar-to-historic-highs-amid-heightened-global-tensions-5607202

"Globalist Secret Agenda Behind Climate Alarmism, NetZero Policies, Food Shortages"

"In Washington DC, we sat down with Mr. Marc Morano, the executive director of ClimateDepot.com, as well as the author of Green Fraud: Why the Green New Deal Is Even Worse than You Think. During our discussion, he broke down for us how Global Elites are manipulating science in order to get the world's people to believe in a "climate emergency", how the NetZero Agenda seeks to implement a controlled Demolition of the current world, and how the "Green Movement" is not about the environment, but rather, it's about implementing global centralized control over all of our lives."

 ${\color{blue}* www.theepochtimes.com/epochtv/globalist-secret-agenda-behind-climate-alarmism-netzero-policies-food-shortages-facts-matter-5608768}$

• "Exposing Communist Infiltration of the Church"

"Eric Metaxas is an author, speaker, and radio host, as well as the host of the nationally syndicated Eric Metaxas Show. He has also published well over a dozen books. Among his published works, is 'Letter to the American Church', a book which was recently turned into a film. In today's episode, I saw down with Eric, to get a better understanding of his message, about the parallels between the American church today and German Churches in the 1930s, as well as why staying silent isn't an option."

* www.theepochtimes.com/epochtv/a-letter-to-the-american-church-interview-with-eric-metaxas-facts-matter-5605474

DOCUMENTARY: lettertotheamericanchurch.com

• "When Classical Learning Meets Public Education, the Dialogue Isn't Always Socratic"

"The future of the controversial classical education movement will be showcased later this month when Columbia University senior lecturer Roosevelt Montás is scheduled to deliver a keynote address at a national symposium hosted by Great Hearts, the biggest classical charter network...But not everyone is enamored of the effort, neither educational conservatives nor local school officials, unions, and progressive advocates. The latter liken classical charters to a Trojan Horse, sneaking quasi-Christian right-wing dogma into public education under the cover of liberal arts. That makes classical education perhaps the biggest culture-war flashpoint in the current disruption of traditional public education prompted by the historic exodus of students during the pandemic—even though the movement's numbers are small."

* www.theepochtimes.com/opinion/when-classical-learning-meets-public-education-the-dialogue-isnt-always-socratic-5605153

"Brave New World of Medicating Children Nothing to Be Proud Of"

"Here's a weird headline. At least I hope you find it weird: "CDC Warns Thousands of Children Sent to ER After Taking Common Sleep Aid". And my big concern isn't even that a common sleep aid is causing medical emergencies. It's that so many kids are taking them that thousands can experience adverse effects. Why is everyone on drugs, including children?"

* www.theepochtimes.com/opinion/john-robson-our-brave-new-world-of-drugging-kids-is-nothing-to-be-proud-of-5605159

REPORT: www.additudemag.com/melatonin-overdose-rise-children-cdc-study/

"Far More Complex Than Fat: What Is Causing Heart Disease?"

"For over half a century, Americans have been taught a simple explanation for the nation's No. 1 killer: that saturated fat clogs our arteries, leading to heart failure. This diet-heart hypothesis, first put forth in the 1960s by physiologist Ancel Keys, remains firmly lodged in popular consciousness. But unbeknownst to most, modern medical research now understands heart disease to be far more complex than a matter of meat and butter consumption alone."

* www.theepochtimes.com/health/far-more-complex-than-fat-what-is-causing-heart-disease-5527672 STUDY: bmccardiovascdisord.biomedcentral.com/articles/10.1186/s12872-023-03185-z ANALYSIS: www.theepochtimes.com/health/saturated-fat-the-great-debate-5381319

"Memes Are Shaping Elections and No One Is Immune From Them"

"If you have a very, very potent meme that ruins a politician's reputation enough, that could potentially sway an election, 'says meme expert."

 $*\ \underline{www.theepochtimes.com/article/the-tool-shaping-elections-that-no-one-is-immune-to-5602897}$

• "Doctors, Dictators, and the Medical Autocracy"

"While some doctors will do little beyond suggesting surgery or a new prescription, many others do recommend their patients make lifestyle changes to fundamentally resolve the cause of chronic conditions. However, all too often, these recommendations come as brief commands to "lose weight," "exercise more," or "eat better" and are often served with a sprinkle of judgment. Health care providers may then blame patients for their inability to follow such orders. A study in Finland echoes findings in other settings where physicians and nurses say patients with obesity, Type 2 diabetes, high blood pressure, and who smoke, just won't do what they are told."

* www.theepochtimes.com/health/tired-of-dictator-doctors-research-shows-power-balance-is-one-key-to-

REPORT: www.ncbi.nlm.nih.gov/pmc/articles/PMC3379767

• "Jordan Peterson Warns of 'Surveillance State' at Congressional Hearing on Government Collusion With Banks"

"Psychologist and author Jordan Peterson has warned members of the U.S. Congress that the collusion of governments with banks, along with emerging technologies like digital identity systems and central bank digital currencies, could turn countries into totalitarian surveillance states. And that increased surveillance could in turn enable police to become more secretive and furtive in their operations, he said. The combination of governments and technologies "can and will facilitate the development of a surveillance state, the scope of which optimistic pessimists of totalitarianism such as George Orwell could scarcely imagine," Mr. Peterson said on Capitol Hill on March 7."

 ${\color{blue}*} \ \underline{www.theepochtimes.com/world/jordan-peterson-warns-of-surveillance-state-at-hearing-on-government-collusion-with-banks-5603077}$

VIDEO: twitter.com/TPostMillennial/status/1765804507617989041

"Free Speech on Trial"

"In a lifetime of observing policy controversies and court cases, we've never witnessed anything as crucial to the future of the idea of freedom itself as what will transpire on March 18, 2024. On that day, the Supreme Court will hear arguments in Murthy v. Missouri concerning whether the government can force or nudge private companies to censor users on behalf of regime priorities. The evidence that they have been doing so is overwhelming. That's why the Fifth U.S. Circuit Court of Appeals issued an emergency injunction to stop the practice on grounds that it is inconsistent with the First Amendment of the U.S. Constitution. The censorship industrial complex is working right now and hourly to delete free speech in America. That injunction was stayed pending a review by the highest court."

* www.theepochtimes.com/opinion/free-speech-on-trial-5601979

- "Conservatives Don't Understand That Communists Want to Destroy Western Civilisation"
 - "Former UK Prime Minister Liz Truss has warned that conservatives don't understand that communists wish for the destruction of Western civilisation. The former Conservative Party leader was speaking to "American Thought Leaders" of the reality of mass immigration and net-zero climate policy in Britain, and discussed how she believes that parliamentary powers are being supplanted by unelected bureaucracies. Ms. Truss said, "We need to be brave, advocating conservative values, and we need to be proud of our countries, and we need to not compromise with the left." She highlighted that communists and certain left-wing advocates are seeking to undermine Western civilisation, a fact often overlooked by conservatives."
 - * www.theepochtimes.com/world/conservatives-dont-understand-that-communists-want-to-destroy-western-civilisation-liz-truss-5598266
- "How to Disentangle Business From Government"

"One of the most disturbing revelations of our time concerns the close connections between major corporate providers of media/tech and government. Many people suspected this had developed over the decade, but court discovery and Freedom of Information Act requests have absolutely proved it. Government agencies are deeply entangled in determining policies and content at every level."

* www.theepochtimes.com/opinion/how-to-disentangle-business-from-government-5600116

• "The Victimhood Runaround That Keeps Illegal Immigrants Employed"

"Millions upon millions of foreigners have broken U.S. laws to sneak into this country and take advantage of economic and social conditions far superior to those in their own unstable third-world native lands. But once they arrive, so-called Dreamers—many of whom risked their lives to live in the United States and are envied back home for having made it into the land of milk and honey—in the eyes of government and leftist lawyers, are victims living out an American nightmare."

* www.theepochtimes.com/opinion/the-victimhood-runaround-that-keeps-illegal-immigrants-employed-5593845

REPORT: www.heritage.org/crime-and-justice/commentary/increased-illegal-immigration-brings-increased-crime-almost-23-federal

• "Why Many Chronic Diseases Are Preventable-And Why No One Tells You This"

"Dr. Robert Lufkin was once a self-described "product of the medical establishment," with a fruitful career as a professor of medicine. He's published hundreds of scientific papers, and has received millions of dollars in government funding. But when, out of the blue, he was diagnosed with four seemingly unrelated chronic diseases—and told that he was going to have to be on medication for life—he started looking elsewhere for answers. "It was through lifestyle changes that I was able to reverse these very serious and potentially fatal diseases, and get off all medications for them," Dr. Lufkin says. Today, Dr. Lufkin educates people far and wide on how to take charge of their metabolic health, and is in the process of building new healthcare institutions, including a managed care organization and an undergraduate medical school."

 ${\color{blue}*} \ \underline{www.theepochtimes.com/epochtv/why-many-chronic-diseases-are-preventable-and-why-no-one-tells-vou-this-dr-robert-lufkin-5598583}$

TRANSCRIPT: www.theepochtimes.com/epochtv/why-many-chronic-diseases-are-preventable-and-why-no-one-tells-you-this-dr-robert-lufkin-5598583

• "Now They Are Targeting the Amish"

"In January, the Pennsylvania Department of Agriculture, in cooperation with the U.S. Department of Agriculture, raided the Amos Miller Organic Farm, a longtime members-only organic farm in Lancaster County. Government agents took possession of many tens of thousands of dollars' worth of food that had been produced on the farm for family and friends, people who rely on this farm for high-quality products that avoid factory methods, chemicals, and industrial processes. This is the kind of food that many people around the country would love to buy but cannot because of the industrial cartels that control production and distribution in this country."

* www.theepochtimes.com/opinion/now-they-are-targeting-the-amish-5598468

• "Nature restoration: Parliament adopts law to restore 20% of EU's land and sea"

"The new law sets a target for the EU to restore at least 20% of the EU's land and sea areas by 2030 and all ecosystems in need of restoration by 2050. The EU nature restoration law, agreed with member states, will restore degraded ecosystems in all member states, help achieve the EU's climate and biodiversity objectives and enhance food security. To reach the overall EU targets, member states must restore at least 30% of habitats covered by the new law (from forests, grasslands and wetlands to rivers, lakes and coral beds) from a poor to a good condition by 2030, increasing to 60% by 2040, and 90% by 2050."

*www.europarl.europa.eu/news/en/press-room/20240223IPR18078/nature-restoration-parliament-adopts-law-to-restore-20-of-eu-s-land-and-sea

 $\label{lem:presson} \textbf{FACTSHEET:} \ \underline{ec.europa.eu/commission/presscorner/api/files/attachment/872899/Factsheet\%20on \\ \underline{\%20Nature\%20Restoration\%20Law.pdf.pdf}$

- "UN "Sustainability" Schemes Behind War on Farmers & Food"
 - * rumble.com/v1ei9rb-un-sustainability-schemes-behind-war-on-farmers-and-food.html
- "The Socialisation of University Funding"
 - "You cannot elevate yourself by bringing others down to a mediocre level."
 - ${\color{blue}* www.theepochtimes.com/opinion/the-socialisation-of-university-funding-5596538}$

REPORT: www.education.gov.au/australian-universities-accord/resources/final-report

- "The Line Between Dictatorship and Democracy Is Much Thinner Than I Ever Could Have Imagined"
- "Lee Hall sits down with Molly Kingsley, founder of UsForThem. Molly talks about closing schools in lockdown, the abandonment of morals in child vaccination planning, the mystery of the vanishing government ethics committee, and why we are in an age of unaccountability. Molly also covers the World Health Organisation's power grab, what it was like to be censored by the government, and why we need to save our children from smartphones."
- * www.theepochtimes.com/epochtv/molly-kingsley-british-thought-leaders-5595091
- "More Red Meat and Good Health? This Is Where the Atlantic Diet Fits In"
 - "Inspired by traditional Spanish and Portuguese cuisine, the Atlantic Diet reduces the risk of diabetes and heart disease."
 - * www.theepochtimes.com/health/more-red-meat-and-good-health-this-is-where-the-atlantic-diet-fits-in-

REPORT: www.sciencedirect.com/science/article/pii/S1756464622000858

"Doctors: WHO Wants To Control Healthcare In US"

"The World Health Organization is aiming to weaponize public health to advance centralized control over medicine and expand that power to anything else that it can define as a public health crisis. During a Conservative Political Action Conference panel hosted by Jan Jekielek, a senior editor of The Epoch Times, physicians Dr. Robert Malone and Dr. Brooke Miller explained what they see as a plan to expand the centralization of medicine. "This appears to be a power grab," Dr. Malone, who hosts the EpochTV show "Fallout", said during the event at the Gaylord National Resort & Convention Center in Fort Washington, Maryland, on Feb. 24."

* www.theepochtimes.com/health/doctors-who-wants-to-control-healthcare-in-us-5594483 INTERVIEW: www.theepochtimes.com/epochtv/cpac-panel-the-good-doctors-with-dr-robert-maloneand-dr-brooke-miller-5594776

"An Impending Disaster for America in the Pacific?"

"In the pending \$95 billion security aid bill, most of America has been focusing on U.S. aid to Ukraine, Israel, and Taiwan. But few noticed that key funds for another region were removed—an action that could give communist China control of much of the Pacific. Grant Newsham is an expert on Asia-Pacific, a senior fellow with the Center for Security Policy, and author of "When China Attacks"."

* www.theepochtimes.com/epochty/an-impending-disaster-for-america-in-the-pacific-grant-newsham-5594308

TRANSCRIPT: www.theepochtimes.com/epochtv/an-impending-disaster-for-america-in-the-pacificgrant-newsham-5594308

Laurence 31-3-2024 (www.CanberraForerunners.org)

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