

Bringing Your Mind Under Control

Next to your soul, with its emotions and attitudes, your mind is the other component of your being that is usually out of control. By “out of control”, I mean, from a Kingdom perspective, not a human one.

A key feature of the people of the Kingdom is meant to be self control. This self control is not an austere one, nor is it legalistic. Instead it is the ability to allow our spirit to be the dominant component of our being so that we bring everything into subjection to our spirit. As the spirit is subject to Holy Spirit, this brings us fully into alignment with the Trinity, where we're meant to be.

To achieve mental self control a considerable amount of retraining is required, with the main key being to live out of the Internal Kingdom. The main issues, however, will be dealing with the impacts of life which affect our thinking. To handle those is a life-long series of trainings, not a quick fix.

Here's Father's message from his heart to assist us on our journey of mental self control:

“Pay attention to what you're thinking about. I want to be the Lord of every thought, both conscious and subconscious. Don't let thoughts run through your mind without noticing if they are based on truth or lies. And don't ignore flashes of painful memories of situations, because acknowledging them and talking to me about them are keys to unlock healing. Stressful thoughts that bombard you or won't leave you alone have lies attached to them. Come to me, and let's expose every lie.

Exchange your thoughts of worry or pain with fixation on me. Let your mind settle on the truth of my Word and the power of my love for you. Don't settle for less than all of me. I know how to cleanse the mind that I created. Tune in to my voice. Renew your mind by saturating it with my Word. Engage with my Spirit in times of stillness and contemplation. Stay in my presence, and I will expose the lies you've been thinking.”¹

Laurence

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(Readers will need to look up for themselves any scriptures alluded to in this document)

1 – Brian Simmons (28-11-2023) “I Hear His Whisper...” “Exchange your thoughts” [distributed e-newsletter]
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