

# Changes Need to Occur in the Heart

It's the heart that needs to change, just as Jesus taught. That's because the heart reveals who we really are. We can cover over our real selves or we can disguise it, but when we go through difficult times, our heart manifests our true nature.

Regarding the heart, the Spirit gave this inspiration:

*“As you break through the illusions of what religious exercise will do for you, the truth of living in the Spirit will become a new and fresh reality. It will be like a new awakening to know that whatever comes from the heart is what changes you for better or for worse and not what you put on from the outside.”<sup>1</sup>*

A useful activity, therefore, is to check our heart all the time to see what we're like on the inside. However, it's not the most reliable method. Father's method is the best. He puts us in situations and circumstances which are part-&-parcel of the processes – plural – that he puts us through. As our heart manifests and we agree with him that we're 'not there yet', and then ask him to change us, that's when effective change takes place.

The takeaway from this is: Continually give Father permission to mold<sup>2</sup> and shape you. Allow him to use any and all the ways he desires to utilize to do it. That will bring about his desired changes.

**NOTE:** This is why we need to enjoy the processes he puts us through. That's what produces the right character in us, not us making changes to ourselves.

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(Readers will need to look up for themselves any scriptures alluded to in this document)

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1 – Marsha Burns “Small Straws in the Soft Wind” Aug. 3, 2023) [ft111.com/smallstraws.htm](http://ft111.com/smallstraws.htm) [ARCHIVE: [ft111.com/straws2023.htm](http://ft111.com/straws2023.htm)]

2 – Mould is a fungus.