

# Check if You're Really Free of Legalism

This is important: We may think we've been freed from religious legalism, but if our daily life bears witness to the fact that legalism is still there, it's because we are a legalistic person in our heart. It comes out in how we're judgemental, criticising others, how easily we get offended, our attitude of those who break the law (e.g. road rules), our relationship with others who disagree with what we think, plus many others. This is our propensity to be legalistic and it flows into religion, a place where it finds stimulus to become deep-rooted and all-encompassing.

You can check yourself out by looking at the negative instances of your legalism, every day. That will actually open your eyes to the level that you are legalistic. Alternatively, you can check the positives by assessing your non-legalistic habits, such as the ease of being forgiving and how gracious you are.

Here's an example of secular legalism. It's real life, not a skit:

- **WATCH:** "My Husband's Guilty & The broken gavel!" [youtu.be/\\_R\\_qJgBX8XI](https://youtu.be/_R_qJgBX8XI) [0:00-5:00]

Being truly free of legalism in every area is the only effective condition to be in so that we don't fall back into some form of religious legalism. That's why bringing our mind and soul into subjection to our spirit is essential for us to live and operate in sonship 'to the max'.

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