

Forgive Yourself

One of the most important lessons I had to learn in my growth as a son was to forgive myself. Father taught me this through a number of different ways, which unfortunately, I didn't document to share with others.

Self-loathing and not forgiving yourselves comes from the wrong understanding of Father's heart towards us. That usually comes from not realising that he loves us unconditionally and has forgiven us all our sins through the work of the Cross. This wrong attitude is fostered by religion and legalism, which are both rooted in the human desire to please him because he's thought to be always angry. They produce in us the thought (as it did with me) that I can't 'measure up' to Father's standard, therefore I'm unworthy.

What a lot of hogwash¹ I used to believe. I'm pleased that I'm past that and can now live in peace and freedom. Not forgiving yourself takes both those away.

Father has recently shared his mind on this topic with us:

“There are times when you are too hard on yourself and expect perfection. Yet, I am your only place of perfection. You must abide in Me and allow Me to abide in you. Extend My forgiveness even to yourself. You are precious in My sight.”²

Notice how the image of a loving father comes through in his words to us, not that of a cosmic policeman wanting to annihilate us. Can you see that he's understanding, not angry. Can you see that he wants us to grow and mature in our role as sons, not stay bound up in legalistic humbug³ that 'squeezes' the life out of us.

Laurence

6-5-2023

(www.CanberraForerunners.org)

COPYRIGHT

This document is **free** to copy, republish and distribute, but only 'as is'. It is free to quote from at length.

All Canberra Forerunners' documents are licensed under

[Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License](https://creativecommons.org/licenses/by-nc-nd/3.0/)

Quotes are the copyright of their authors.

(Readers will need to look up for themselves any scriptures alluded to in this document)

1 – Nonsense dictionary.cambridge.org/dictionary/english/hogwash

2 – Marsha Burns “Small Straws in the Soft Wind” (May 5, 2023) ft111.com/smallstraws.htm [ARCHIVE: ft111.com/straws2023.htm]

3 – Dishonest talk, writing, or behaviour that is intended to deceive people. dictionary.cambridge.org/dictionary/english/humbug