

# “I Want You To Love Yourself”

Father is wildly in love with us, as is our King. That’s why he has used biblical marriage metaphors in the past, when referring to his people. You know the ones: “bride”, “bridegroom”, husband”, “wife”, “marriage supper”, “I’ll go to prepare a place for you”, “when I return I’ll take you to myself”, “played the harlot”, etc.

This love-exuberance is an outcome of their unconditional love which they have for every human being. So why would the instruction in the title of this article be pure heresy to most believers? It shouldn’t be!

In addition to our Creators’ love for us, they want us to love ourselves as well – and that’s not the enemy’s instruction to us, as we have been taught to reason. In fact, Father stated elsewhere<sup>1</sup> that when we love ourselves we are actually honouring him. WOW! That’s better news than what we’ve heard previously. That definitely frees us from some of the pressure we’ve put on ourselves to ‘kill the flesh’.

So here’s what Father has to say on this:

*‘I want you to love yourself—to be absolutely crazy about the you I created. I want you to look in the mirror, see all of the flaws and imperfections, and love yourself anyway. I want you to learn to laugh about your quirks instead of being embarrassed by them and to feel comfortable in your own skin and to remember that it is the home I have chosen for my Holy Spirit. I want you to truly enjoy the person I am perfecting in you.’<sup>2</sup>*

**IMPORTANT:** We can’t “love our neighbour as we love yourself” if we don’t love our self.

That injunction to love others can’t be done by us with Father’s love if we hate or loathe ourselves. The same fallacy goes for the religious teaching to hate yourself or think little of yourself.

Of course, loving yourself is a balance between doing it the way Father does and ensuring that we don’t move into selfishness or hedonism.

It’s time we took Fathers attitudes towards us as the facts, not what we’ve been taught by others.

Laurence

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(Readers will need to look up for themselves any scriptures alluded to in this document)

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1 – SEE: “Stop being so hard on yourself” (17-5-2025)

[canberraforerunners.org/wp-content/uploads/Stop-being-so-hard-on-yourself.pdf](http://canberraforerunners.org/wp-content/uploads/Stop-being-so-hard-on-yourself.pdf)

2 – EXTRACT: Brian Simmons (12-5-2025) “I Hear His Whisper...I want you to love yourself”

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