

Insecurity is the Source of Self-centredness

The above heading may seem to be an illogical statement to most people, because they don't understand the way we manifest the myriad of deficiencies that we can have. For example: When the body is deficient in some nutrient, it can't operation physiologically as it should, so that deficiency manifests as a disease. For instance, we know that scurvy comes from Vitamin C deficiency, as our seafaring ancestors discovered. There are, of course, thousands of other deficiencies that people can have and the concomitant disease (dis-ease) that manifests as a consequence of it.

What people may not specifically understand is that emotional deficiencies produce symptoms as well as nutrient ones. Most of these symptoms are physical, mental or emotional diseases. For example: We're all familiar with the 'broken heart' syndrome which the loss of loved ones can produce. There's also stomach upsets caused by worry and stress, one that many of us have experienced.

Of even greater misunderstanding – coming from ignorance – is the fact that spiritual deficiencies can produce diseases of many types as well. These remain diagnosed in the scientific community (e.g. psychology and sociology), but for a person release comes when their spiritual life is impacted positively. For example: A young man I know who has suffered from depression for a long time was recently freed from it when he stopped resisting Christian ideas and dared to claim his healing from the disease. There are many other diseases that come from spiritual incongruence¹ or spiritual deficit, however, I'm unable to list them as they are too numerous and diverse. In fact, because the scientific community, through adherence to the theory of evolution, denies spirituality as a reality, they have not investigated the link between spirituality and disease.

One such spiritual deficiency, which causes negative personal symptoms, is not knowing our true identity and our relationship with Father. Here's Father's recent teaching on this:

““ Self-centeredness comes from a place of insecurity within you, which I want you to release to me,” says the Lord. “When you find selfishness overruling your ability to be kind and generous, take time to rise up in the Spirit and receive the blessing of my care for you. Establish more concretely your relationship with me.””²

Insecurity here is founded in a person's identity – i.e. who am I. That's one of the 5 BIG philosophic questions that every person needs to have an answer for to establish stability in their lives.³ Those questions are:

1. Where did I come from?
2. Who am I?
3. Why am I here?
4. How should I live?
5. Where am I going?

If a person is unaware of an answer, or unsatisfied with their answer, to all of these, they will have one level or another of instability in their lives. They will manifest personal characteristics depending on their answers to all of those, and those manifestations will definitely vary from person to person.

Ever wondered why so many people go to a 'shrink'⁴ to talk through their beliefs about themselves so they can come up with a better, or effective answer to all or some of those 5 questions? Over time, those sessions cost a lot of money, but only around 30% of psychologist's patients get solutions to their questions and end up with a better life.⁵

1 – 'Out of place, absurd.' www.wordnik.com/words/incongruence

2 – Marsha Burns "Small Straws in the Soft Wind" (Feb. 15, 2024) ft111.com/smallstraws.htm [ARCHIVE: ft111.com/straws2024.htm]

3 – Steve Graves "The 5 Big Questions of Life" www.linkedin.com/pulse/5-big-questions-life-stephen-graves

4 – i.e. a psychologist or psycho-analyst.

5 – Dr. Sara Gottfried (23-11-2023) "Only 30 Percent Heal From Trauma With Talk Therapy"

www.theepochtimes.com/epochtv/only-30-percent-heal-from-trauma-with-talk-therapy-is-there-hope-in-psychedelic-medicine-feat-dr-sara-gottfried-5533960

Our wrong beliefs about ourselves arise from many sources: From life experiences; what others say about us; and what we decide to believe about ourselves. The major programming in this area come from home life, school life, work life, religion and societal norms.

To put this topic in perspective, we all have the wrong opinion of ourselves, because we don't have the loving Creator's opinion of who we really are. Once we connect with him and allow him to lovingly reprogram us so we know our true identity, we settle down and become content with ourselves and our lives. We can also get answers to the other 4 questions through his communication with us.

Our identity is this: We are sons of God. That is, Father's sons. There's no higher identity than that in the whole universe for a human being, so that's the one we should all be grabbing hold of and living out of.

In conclusion then, the wrong beliefs that we have about ourselves must be changed to Father's attitude towards us, so we can live our lives more even-keeled. That can only come out of an intimate relationship with him as we experience our sonship – head knowledge of sonship just doesn't 'cut it'.

For a better understanding of our need to be reprogrammed, listen to this teaching from Mike Parsons:

- **WATCH:** “Challenge Our Limiting Mindsets and Beliefs” (Mike Parsons)
youtu.be/MsZp-JSNWNc

For an encouraging message on this topic, listen to this teaching:

- **WATCH:** “The Eternal Record of Our Identity | Who we are in God's eyes” (Mike Parsons)
youtu.be/_L8UWzJHuBs

If you have any doubts, listen to these very short teachings:

- **WATCH:** “Loving, redeeming and restoring us into a masterpiece of expression of life and way of being” (Baxter Kruger)
www.youtube.com/shorts/RfglPtXxVs4
- **WATCH:** “God knows you - and He loves you!” (Mike Parsons)
www.youtube.com/shorts/X2ewxNUferw

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