## It's Only By Experience That We Come Into Reality

Entering into reality is a person's own domain, and success particularly depends upon their intentions and what they focus on. Reality, of course, is what the Trinity want us to experience, because reality is the realm they live in, not within what we imagine or our theology/philosophy.

Most people don't succeed in moving into spiritual/Kingdom reality, because of their negativity. They are trying to overcome their negative ways of thinking, hostile mindsets, or antagonistic belief systems, so they can experience reality. Not experiencing it sidelines the person into doubt and unbelief, as they have the wrong focus. Even wanting to renew their mind so they can appropriate spiritual reality causes them to go awry.

How do we renew our mind so we can experience the Trinity's reality?

"You can't really renew your own mind. Your mind gets renewed by encountering truth, which changes the lies that you've believed. So, the more you encounter truth, the less the lies have any hold on you, because you realize, that isn't true now. I would say, in my relationship with God, the things I believed which were lies about me and about the world and about God, were programmed into me by religion and culture and upbringing, and whatever else. It wasn't enough for me to read the Bible or for me to try and think, "I need to think differently", because the more I tried to think differently, against something which I previously believed, the more I was still focusing on trying not to believe it.

So when you then come to looking at, "How do I then have my thinking changed so that I believe something different and therefore I operate out of that [new] belief system? It requires encounters to change. It isn't enough to have facts or information.

What I found is, when I've encountered God, and those encounters have so radically challenged what I previously believed, the encounters have changed what I believed. If God had just said something, that might not have been enough, because I would've not experienced it, even though he said it. And he has said many things to me, which have taken a long time for me to come into the reality of, because it's only by experience that I could come into the reality."

When we're wanting to experience reality, it's our mind that gets in the way. While we're attempting to engage the experience there are numerous things/topics/ideas (etc.) that we tend to focus on at the same time – that's a blockage right there.

So if you want something different (i.e. experience what's real), then you've got to learn to focus on just that one particular thing and exclude all the other possibilities, so they no longer exist in your expectation. That single item then becomes your hope, which then can manifest the reality.

The process can be explained in Quantum physics terms, if you're interested:

"Literally, in a quantum physics way, what happens is, that choice out of all the others that exist, when you make it and you stick to it, literally, light collapses that wave function — Quantum Wave Function Collapse is what the technical term is — into that reality, and all the other possibilities that exist at that moment cease to exist anymore, until the next moment. And then if you continually choose each moment to focus your intention on that, then eventually nothing else will. You won't believe anything else and you'll find that that's when it begins to manifest. But there's usually a period from choosing that reality, to that reality becoming actually what you really believe, rather than what you want. And there's a huge difference from, "I want this to happen", to, "I totally believe this is going to happen." So that's where intention needs to be focused and you need to be able to focus that intention."

(Permission to quote Mike Parsons received on 20-7-2020)

<sup>1 -</sup> MESSAGE: "Seek Reality" (7-5-2024) canberraforerunners.org/wp-content/uploads/KCC-MESSAGE-Seek-Reality-7-5-2024.pdf

<sup>2 – &</sup>quot;Talk Truth; Talk Reality" (2-6-2024) <u>canberraforerunners.org/wp-content/uploads/Talk-Truth-Talk-Reality.pdf</u>

<sup>3 –</sup> TRANSCRIPT: Mike Parsons "Transforming Beliefs: The Power of Intention" youtu.be/RpMq24LAE5s [0:37-2:12]

<sup>4 –</sup> TRANSCRIPT: Mike Parsons "Transforming Beliefs: The Power of Intention" youtu.be/RpMq24LAE5s [3:16-4:32]

For me to experience the reality of intimacy and a level of oneness with Father, he had to take me on a journey of experiences which built up into the end-goal that he and I both wanted. I had too much 'rubbish' in my thinking – especially my theology – so he had to give me a revelation that I had to be deprogrammed of everything I believed and then allow him to reprogram me with what was real (i.e. his truth). Having taken that 'onboard', I was then able to permit him to teach me anything through my spirit, which I would then assent to, and that would take me further into his reality for me.

My intimacy training was in these stages, with some overlaps:

- 1. I had to accept that emotions and feelings were appropriate for spirituality, not just thoughts.
- 2. I began to sing in worship loudly, without fear of others being offended.
- 3. I began to sing in worship with my body involved, lifting hands.
- 4. I then began to experience Father's spiritual presence in worship.
- 5. Soaking taught me to be able to come into his presence without the need for worship music.
- 6. I moved into worshipping with my whole being by using flags.
- 7. I then danced and expressed my love for him with banners, streamers and musical props.
- 8. I learnt that loving him was really all he wanted from me.
- 9. I was then able to spend time with him in the early mornings, coming into his presence and drawing refreshment from him (AKA 'drinking of the Living Water'5).
- 10. Then I learnt from him that I didn't need to ritually have a morning session with him, as that was religious, but that I could do what I felt like every day. That was my freedom.
- 11. Then he told me that we were in oneness.
- 12. From then on, I walk in his presence all day long without being super-spiritual.

Each step was a focus for me, which, when I had succeeded, opened up the next step. In that way I focused single-mindedly, one step at a time.

WATCH: Mike Parsons "Transforming Beliefs: The Power of Intention" youtu.be/RpMq24LAE5s

Laurence 13-6-2024 (www.CanberraForerunners.org)

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(Readers will need to look up for themselves any scriptures alluded to in this document)

<sup>5 – &</sup>quot;Drinking of the Living Water Each Day is Vital" (18-5-2021) canberraforerunners.org/wp-content/uploads/2021/10/Drinking-of-the-Living-Water-Each-Day-is-Vital.pdf

