Let Go of Your 'To Do' List

One of the duties of a Christian that we were taught was to make time to read the Bible and pray every day. However, in the Kingdom – which is a spiritual domain – these are no longer applicable. Instead of daily devotionals, the Trinity are interested in what they want us to do. These interests are not new to us as we're well on our journey of maturing as Kingdom sons. As we know, their basic expectations of sons are for intimacy, oneness, being in their presence, and spiritual communication. These are very different to what we were taught.

Another thing we were taught was to force ourselves to have daily devotionals. It was instilled in us that anything that stopped these regular times was a distraction and most probably an idol. The outworking of that was that daily Bible readings and prayer became more and more a ritual, pleasing us when they were quickly completed.

In the Kingdom, our busy lives can still impact our times of intimacy and being in The Presence. However, if we force these times, they cease being intimate spiritual times and revert back to religious activity. What we need to do is <u>cease applying pressure on ourselves in any way</u>, and then manage the pressures that life places on us. This we do in rest and peace, not in agitation or with force. In the Kingdom, there is an understanding that life puts pressure on us because of our responsibilities, and these duties are proper for sons to undertake.

Our task is to provide more wake-time for ourselves to undertake our responsibilities, which involves sleeping less and having less leisure and me-time. This is not the whole answer to providing time for our connections with the Trinity, but they are ones that we can accomplish, <u>if</u> we determine to. As a result, we can expect that we can have ourselves refreshed with less sleep and less leisure, as the Kingdom benefits flow to us to meet our needs. We can also expect to do more in less time, <u>if</u> we operate out of peace, rest and total trust.

The remaining big issue is to address the desires and goals we've set ourselves, and see whether they align with the King's desires for us. Weeding out me-time, 'my wants', 'my desires' and 'my goals', will reduce time pressure on us and open up opportunities to more Kingdom activities. Here's our King's instructions on that:

"When you feel the pull of my Spirit inviting you to come aside and seek my face, it's always for your good. Letting go of that list and leaving some things undone once in a while isn't going to be catastrophic. When you set aside your lists and goals for the day and choose me, it's never a waste of time. Those things can wait. Even if you get behind, I am more than able to empower you with enough grace to do the same tasks in less time. Don't ignore yourself. Don't ignore the need to come away and refresh yourself in my presence. You have permission to rest, to seek me. Make time with me your number one priority." 1

If we put our King (or Father) in charge of our daily lives and ask him to direct every component of the day, we'll quickly find that life is easier and more pleasurable. That, of course, will only happen if we're 'game enough' to deny ourselves and let him 'take the wheel', and have the right heart attitude to complement it.

Solution As we move deeper into oneness with the Trinity, our connection with them becomes increasingly spiritual, less sensory, and more constant. This results in us being in The Presence all day long, with communing constantly occurring spirit-to-Spirit. In this way, we can be as busy as needed and still remain connected. Times of refreshment, when needed, are simply drawing from them, for a short period of time.

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(Readers will need to look up for themselves any scriptures alluded to in this document)

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^{1 –} Brian Simmons (6-11-2023) "I Hear His Whisper..."Lay down your to-do list"" [distributed e-newsletter] mailchi.mp/broadstreetpublishing/i-hear-his-whisperfind-fulfillment-in-me-620550 or us10.campaign-archive.com/?u=8c3eb957a5ad87253d475a511&id=84d23b8830