

Live in the Present to Live in His Presence

We live in the ‘hustle and bustle’ of modern life, but are we living in the Spirit at the same time? That’s the important question for sons. It’s in our spiritual life in the Internal Kingdom that the abundant life¹ of the Kingdom is found. This is the life of our King, that we live together in the spirit, which overflows into the natural and brings the manifestation of his favour and blessings.

Normally for us, though, we live with our mind constantly in anxiousness about the future or in regret or depression about the past. Many times these are occurring at the same time, but for different issues in our life. That causes is to not be able to live in the present, enjoying every moment of it, and we also miss out on the abundant life that’s available to us. Being in charge of our own lives and our personal kingdom means we can’t demand or plead for Heaven to break into our mess. That’s because we’re responsible for the decisions we make, and as well, we have to handle the consequences of the decisions, ourselves. That’s “Spiritual Life 101”.

Father made life to be lived and to be enjoyed, but the chaos in the ‘fallen’ state of the entire natural realm means we must work against it to lay hold of the abundant life and the enjoyment that’s meant to be ours. That, of course, is for the here-&-now, not the anticipated Millennial Reign, with the associated physical return of the King. The sunshine, bird songs, children’s laughter, etc., are all ours to enjoy, but we have to learn to live in the present to do that.

Kriston Couchey put it this way:

“In the present there is no fear and no emotional pain. All fear is sourced in grasping the uncertain future and pulling it into the present. All emotional pain is clinging to the past and dragging it into the present. If we let go and live only in the present moment, in our inner being with the Holy Spirit, in our heart and body, there is only peace, thankfulness, and love. The more we dwell in the present, moment by moment, the more we will let go of grasping the future and clinging to the past, the momentum of our wrong focuses will diminish and being present becomes easier and easier.”²

Jesus of Nazareth told the people of his day that very thing – live in the present. It’s the key to successful living. We can’t live out of our spirituality, our theology, our Baptism in the Spirit, or our spiritual giftings, and expect our life to be fantastic all the time, if our mind and soul have control over us. We need to bring them under the oversight of our spirit, so that our spirit is the dominant component of our being. That’s what Kingdom sons and kings are expected to be able to do, so they can fully enter into Kingdom life.

Along with that, we must learn to live in the King’s presence (‘The Presence’) 24/7, not just during Sunday worship sessions or in our soaking times during the week. Living in the present is a major step to doing that, so our mind doesn’t distract us from our spiritual life which is continuing in our Internal Kingdom.

So, it’s all up to us. Only live in the present, putting the past behind us (it’s all forgiven), while allowing Father to oversee our future and to give us the instructions we need to prepare for it.

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(Readers will need to look up for themselves any scriptures alluded to in this document)

1 – i.e. Total wellbeing and all needs met

2 – Jonathan Welton (28-4-2022) “The Present” (unpublished article) [distributed e-newsletter]