

Now The Climate Zealots Want to Change Our Diet to Save the Planet

DEFINITION: 'Diet' is a jargon term in nutrition which means the type of food eaten. What society is referring to with the expression, "I'm on a diet", is a weight reducing diet. Being lazy we've dropped the 2 words in front of it.

We already know that the climate catastrophists are wanting us to reduce our livestock herds, down to a bare minimums, so as to reduce their contribution to greenhouse gas production.¹ We also know that they are pushing insect 'meat' into our diets,² bit-by-bit, to move us away from livestock meat. Through ESG³, that same zealotry has moved to a more widespread attack on our Western diet.

For instance, Australia's National Health and Medical Research Council's review of the 2013 Guidelines is currently under way. This is a normal process for the entity, but their expert committee has prioritised in this review a focus on sustainable diets. This is nothing to do with people's health, just more interference in citizens' lives by government bodies:

"NHMRC conducted initial scoping activities during 2021 to refine the scope of the review of 2013 Australian Dietary Guidelines (the 2013 Guidelines). These included stakeholder surveys, limited literature searches and a review of international food-based dietary guidelines. A wide-ranging list of potential research topic areas were identified for consideration during this initial scoping period.

The Dietary Guidelines Expert Committee (the Expert Committee) prioritised this preliminary list of potential topics over a series of meetings. Topics were prioritised based on the impact on public health and wellbeing and on the likelihood that the evidence-base has changed enough since the release of the 2013 Guidelines to change the recommendations. Topics also needed to be related to whole foods, food groups or dietary patterns...

*Scoping activities identified sustainable diets as a high priority to consider in the revised guidelines. NHMRC is seeking experts to form the Australian Dietary Guidelines Sustainability Working Group to advise on the strength and quality of evidence about sustainability and diet. Expressions of interest are open from 5 February 2024 to 5 March 2024 (3 pm AEDT). For more information and to submit your application, please visit the Sustainability Working Group expression of interest webform."*⁴

In other places the climate catastrophists are telling us to change our diet towards become vegan. That's not advice, it's now being presented as a demand that the UN and governments adopt as mandatory on all citizens.



The laws in this authoritarian move haven't been put in place as yet, so this is only a warning. Read the references below to get a fuller picture of what's going on so you can vote appropriately at every election to weed out these zealots.

Some Relevant References

- "Climate change driving diet change - 37% of Aussies now reducing meat consumption"
Vegan Australia (11-11-2020)
https://veganaustralia.org.au/news-article/climate_change_driving_diet_change
- "Which diet will help save our planet: climatarian, flexitarian, vegetarian or vegan?"
The Conversation (12-08-2022)
<https://theconversation.com/which-diet-will-help-save-our-planet-climatarian-flexitarian-vegetarian-or-vegan-186772>

1 – www.theepochtimes.com/world/farmers-chief-wary-of-calls-for-united-nations-global-sustainability-standards-for-livestock-4762997

2 – www.theepochtimes.com/world/1000-australian-schools-introduce-eco-friendly-chips-made-from-edible-insects-4724434

3 – Environmental, Social, and Corporate Governance en.wikipedia.org/wiki/Environmental,_social,_and_corporate_governance

4 – NHMRC www.nhmrc.gov.au/health-advice/nutrition/australian-dietary-guidelines-review/about-the-review

- “Climatarian diet: Which foods are most climate friendly?
World Economic Forum (18-8-2022)
<https://www.weforum.org/agenda/2022/08/food-diet-planet-climate-change-vegetarian-vegan>
- “Climate-friendly diets can make a huge difference – even if you don’t go all-out vegan”
The Guardian (4-6-2022)
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- “Food and Climate Change: Healthy diets for a healthier planet”
United Nations
<https://www.un.org/en/climatechange/science/climate-issues/food>
- “Why the Western diet needs to shift to a 'planetary health diet' in the age of climate change”
ABC News (27-1-2020)
<https://www.abc.net.au/news/2019-01-27/your-healthy-diet-in-the-age-of-climate-change/10750274>
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<https://www.csiro.au/en/research/environmental-impacts/sustainability/Environmental-impact-of-diets>
- “Eating for the environment: Can changing your diet help the planet?”
CSIRO (17-8-2021)
<https://www.csiro.au/en/news/All/Articles/2021/August/eating-for-the-environment-can-changing-your-diet-help-the-planet>
- “Sustainable diet”
Dietitians Australia (March 2022)
https://dietitiansaustralia.org.au/sites/default/files/2022-03/DietitiansAustralia_PositionBrief_SustainableDiets_Mar2022%20%28PDF%2C%20216KB%29%281%29.pdf
- “What would a ‘climate diet’ look like in Australia?”
The Guardian (29-10-2019)
<https://www.theguardian.com/food/2019/oct/29/what-would-a-climate-diet-look-like-in-australia>
- “Climate change food calculator: What's your diet's carbon footprint?”
BBC News (27-11-2023)
<https://www.bbc.com/news/science-environment-46459714>
- **LIST:** “Foodprints Calculators”
Earth Day
<https://www.earthday.org/foodprints-calculators>
- **BOOK:** “The Climate Diet”
Paul Greenberg (13-4-2021)
<https://www.paulgreenberg.org/books/the-climate-diet>
<https://www.amazon.com.au/Climate-Diet-Simple-Carbon-Footprint/dp/0593296761>

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21-2-2024

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