Reflect On How You Handle Your Life Situations

Self-reflection, like self-assessment, is important for us so we grow and mature spiritually. However, many of us may not understand that spiritual maturity is considerably hampered by our soul and mind, through things such as soulish reactions and 'bad' attitudes. Therefore, I've written on this responsibility that sons have,[1] including one recently.[2]

Our King has also given us his insight on this. Here's some of what he said:

> *"You can't go around life, just bouncing here and there, without making serious decisions about yourself. You all make decisions about where you work, what car you buy, who you marry, what job you apply for. But you don't ask questions enough about yourself…*
>
> *It's good that you spend time with me pondering about me, coming into my presence, and learning from me. But why don't you spend time thinking about yourself? If your attitude is right, there's nothing wrong with meditating on what you think, do and say.*
>
> *I can see that church teaching has caused my people to veer away from [doing] that, because they've been taught to deny themselves. But that misses the point that you are kings right now, and you have a Kingdom to rule over, which is yourself, your body, your possessions, your family, and everything else that you have authority over. And if you want to rule your Kingdom (your personal Kingdom)* [3] *accurately, effectively, and for me, you need to think about yourself. How do you interact with other people? What things trigger you? What is your thought life like? What makes you angry? What makes you sad? All those things need to be brought under control, because they are your soul [operating]. If you don't think about those emotions, and you just allow them to occur, you encourage your soul to control your being, [and therefore] you're not acting like a Kingdom king.*
>
> *So, I put it out to you: You need to know yourself. And then, when you can see things in yourself, you need to bring them to me, so I can assist you in dealing with them from the inside out, if they are unrighteous. By unrighteous, I mean, things that I don't think are right for you.*[4] *"*[5]

You can see from what our King has said there about spirituality? The spirituality he's concerned about has nothing to do with what we think is spiritual. He hasn't mentioned all the things that believers typically think about spirituality when the topic comes up in conversation. Instead of pointing out our inadequate understanding, he's schooling us so we will change our mindset and rise to our spiritual role as effectively functioning kings.

Self-assessment is part of changing, so our heart and mind can be more like his. It's only when that happens, in association with our intimacy and oneness with him, that he is more inclined to promote us in the affairs he wants us to manage under our kingship. His ultimate goal is for us to manage Earth as we were created to. That's not a thought I've pulled out of nowhere. It's his plan for us to govern the affairs of Earth, just as Adam was being trained to do before The Fall.

» To understand our governmental role right now, read his message **HERE**

1 – "Self-Assessment is One of the First Principles Of Sonship" (12-11-2020)
canberraforerunners.org/wp-content/uploads/2021/09/Self-Assessment-is-One-of-the-First-Principles-Of-Sonship.pdf
"Monitor Your Thoughts" (23-8-2023)
canberraforerunners.org/wp-content/uploads/Monitor-Your-Thoughts.pdf
"Monitor Your Speech" (4-1-2019)
canberraforerunners.org/wp-content/uploads/2019/01/Monitor-Your-Speech.pdf
2 – "Have You Asked Yourself Why" (12-9-2026)
canberraforerunners.org/wp-content/uploads/Have-You-Asked-Yourself-Why.pdf
3 – "Our Personal Kingdom" (21-6-2025)
canberraforerunners.org/wp-content/uploads/3-Our-Personal-Kingdom.pdf
4 – "A Different Take On What Righteousness Is" (15-7-2022)
canberraforerunners.org/wp-content/uploads/A-Different-Take-On-What-Righteousness-Is.pdf
5 – KCC MESSAGE: "Maturity Includes Asking Yourself Questions" (13-9-2026)
canberraforerunners.org/wp-content/uploads/KCC-MESSAGE-Maturity-Includes-Asking-Yourself-Questions-13-9-2026.pdf

Recently, he reiterated his desire for us to be reflective on our thoughts, actions and speech, But he's also widened it to being important for our victory in the affairs of our lives:

> *"'Reflect on how you handled your most recent challenge. Did you get afraid and lose your composure? Or did you quietly stand on your foundation of faith and trust me to bring you through? How you responded will tell you something about where you are spiritually and could lead the way to victory in the future. Be honest with yourself," says the Lord."*[6]

So, there's a lot we need to do to align with the way he wants us to operate. It's all up to us, especially if we want to be refined so we can enter his destiny for us.[7]

►►My archived teaching articles are HERE, HERE & HERE ◄◄

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(Readers will need to look up for themselves any scriptures alluded to in this document)

6 – Marsha Burns "Small Straws in the Soft Wind" (July 16, 2026) www.ft111.com [distributed e-message]
7 – "Spiritual Refinement is Required for You to Enter Your Destiny" (12-9-2026)
canberraforerunners.org/wp-content/uploads/Spiritual-Refinement-is-Required-for-You-to-Enter-Your-Destiny.pdf