

Release Yourself From Your Obsessions

As sons, our obsession should be Our Beloved (King Jesus) or Father, nothing else. Not even the Kingdom is to be our obsession.

By obsession, I don't mean the modern sense of obsessiveness, as an OCD¹ type of mindset, which features a pattern of unwanted thoughts and fears (obsessions) that leads to repetitive behaviours (compulsions).²

Obsession in the good sense is “the control of one's thoughts by a continuous, powerful idea or feeling, or the idea or feeling itself”³. It's what our mind is strongly drawn to and spends extended periods of time focusing on.

If Jesus is our Beloved, rather than our Saviour, we should find we are more obsessed with him (in a good way). There's a lot to know about him and a lot for him to speak to us about, so obsessing over him (appropriately) opens us up to receive. Additionally, we should be obsessed with his love for us – not what it was 2,000 years ago, at this very minute.

Nothing is worthy of replacing ‘his presence’ – nothing. Life must go on, but our focus should obsessively remain on him or on Father – whichever one you identify more easily with. Consequently, any other obsession should be discarded as worthless, as we become more obsessed with him.

Here's his instruction to release our obsessions to him if they are too hard for us to discard:

*“Examine yourself to see what you have been obsessing about. It will be something that dominates your thoughts. Truthfully, you cannot move forward until you release that obsession to Me and allow Me to direct your steps and to give you wisdom that can give you some relief. Shift your focus from flesh to Spirit.”*⁴

NOTE: Mike Bickle produced a set of teaching on ‘Jesus Our Magnificent Obsession’⁵ if you are interested.

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(Readers will need to look up for themselves any scriptures alluded to in this document)

1 – Obsessive–Compulsive Disorder en.wikipedia.org/wiki/Obsessive-compulsive_disorder

2 – www.mayoclinic.org/diseases-conditions/obsessive-compulsive-disorder/symptoms-causes/syc-20354432

3 – dictionary.cambridge.org/dictionary/english/obsession

4 – Marsha Burns “Small Straws in the Soft Wind” (July 28, 2022) ft111.com/smallstraws.htm [ARCHIVE: www.ft111.com/straws2022.htm]

5 – “Jesus Our Magnificent Obsession Series” mikebickle.org/series/jesus-our-magnificent-obsession-class-2011