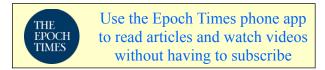


# MONTHLY UPDATES



## **SCIENCE**

(March 2024)



- ★ "Cellphone Radiation Research Was Halted After Worrisome Findings, Expert Questions Why" 
  "Decades of animal research point to serious health risks from cellphone radiation exposure, but 
  examining a possible link stops now. The National Toxicology Program (NTP), tasked with studying 
  potential toxins, recently announced it would no longer investigate evidence that cellphone radiation 
  can harm animals or people. The move stunned scientists like Devra Davis, a former senior adviser to 
  the assistant secretary for Health in the Department of Health and Human Services, who called the 
  abrupt reversal scientifically unjustified. There's "no scientific explanation or justification for this 
  sudden reversal," Ms. Davis told The Epoch Times."
  - ${\color{blue}* www.theepochtimes.com/health/cellphone-radiation-research-was-halted-after-worrisome-findings-\underline{expert-questions-why-5585688}}$

REPORT: www.niehs.nih.gov/sites/default/files/NTP cell phone factsheet jan 2024 508.pdf

- RESEARCH PAPER TAKEN DOWN: "Jessica Rose Breaks Down 1.6 Million Adverse Event Reports in VAERS, Definitive Evidence of Causality"
  - ""We're up to over 1.6 million reports in VAERS in the context of these products ... The numbers keep going up," says Jessica Rose, an immunologist and independent researcher. She recently co-wrote a paper examining the data surrounding the COVID-19 vaccine adverse events. It was the first published paper to call for a global moratorium on the COVID-19 genetic vaccines. But a few weeks later, the journal Cureus decided to retract the paper."
  - \* www.theepochtimes.com/epochtv/jessica-rose-breaks-down-1-6-million-adverse-event-reports-in-vaers-definitive-evidence-of-causality-5603019

**TRANSCRIPT:** www.theepochtimes.com/epochtv/jessica-rose-breaks-down-1-6-million-adverse-event-reports-in-vaers-definitive-evidence-of-causality-5603019

- "Optimistic Mindset Linked to Poor Decision Making"
  - "Although a positive mindset is often associated with success, a new study suggests that excessive optimism often leads to poor decision-making, especially when it comes to finances. The study, conducted by the University of Bath in the United Kingdom and published in the Personality and Social Psychology Bulletin, sought to determine whether people with an optimistic mindset had worse decision-making cognition than people who were more realistic. The researchers found that people with lower cognitive function tended to be more optimistic, which led them to make poor financial decisions."
  - \* www.theepochtimes.com/health/optimistic-mindset-linked-to-poor-decision-making-5572279 **REPORT:** journals.sagepub.com/doi/10.1177/01461672231209400
- "Aspirin Inhibits Metastatic Cancer Spread, Reducing Mortality by 21 Percent: Study" 
  "A comprehensive review found that patients who take aspirin have a relatively lower risk of developing various types of cancer."
  - \* www.theepochtimes.com/health/aspirin-inhibits-metastatic-cancer-spread-reducing-mortality-by-21-percent-study-5552949

**REPORT:** www.nature.com/articles/s41416-023-02506-5#:~:text=These%20explain%20the %20observed%20reductions,mortality%20associated%20with%20aspirin%20use.

• "Nutrient Deficiencies Linked to Treatment-Resistant Depression and Suicidal Thoughts"

"A glimmer of hope has emerged from a gloomy crisis. As suicide rates have soared to unprecedented levels across the United States, researchers at the University of California—San Diego (UC—San Diego) have uncovered a potential breakthrough: certain compounds in the blood that can identify those at highest risk. They've found clues that something as simple as vitamin supplements may help roll back the dark tide of major depression and suicidal thoughts afflicting the country."

\* www.theepochtimes.com/health/nutrient-deficiencies-linked-to-treatment-resistant-depression-and-suicidal-thoughts-5553942

REPORT: www.nature.com/articles/s41398-023-02696-9

- "A Common Virus Emerging as Potential Culprit in Alzheimer's Disease"
  - "While advanced age and genetics have long been identified as risk factors for this condition, a new study has uncovered a surprising—and very common—new culprit that may be contributing to the cognitive decline: the herpes simplex virus, known for causing pesky cold sores."
  - \* www.theepochtimes.com/health/a-common-virus-emerging-as-potential-culprit-in-alzheimers-disease-5605082

**REPORT:** content.iospress.com/articles/journal-of-alzheimers-disease/jad230718

- "Researchers Uncover Gene Mutation Responsible for Psoriasis"
  - "Two copies of the mutated gene can lead to a joint swelling condition that is linked with psoriasis."
  - \* www.theepochtimes.com/world/researchers-uncover-gene-mutation-responsible-for-psoriasis-5615014

**REPORT:** www.nature.com/articles/s41467-024-45870-3

- "Fluoroquinolone Alert: The Common Medication That Could Lead to Irreversible Health Conditions" 
  "Fluoroquinolones, including ciprofloxacin (Cipro), levofloxacin (Levaquin), and moxifloxacin 
  (Avelox), are powerful antibiotics designed to battle various bacterial infections—from urinary tract 
  and respiratory infections to dermatological conditions...Research indicates that fluoroquinolones 
  double the risk of aortic aneurysm and aortic dissection, which are potentially lethal cardiac conditions. 
  These antibiotics have also been associated with QT interval prolongation, a precursor to sudden 
  cardiac death."
  - ${\color{blue}* www.theepochtimes.com/health/fluoroquinolone-alert-the-common-medication-that-could-lead-to-irreversible-health-conditions-5586004}$

**REPORT:** www.ncbi.nlm.nih.gov/pmc/articles/PMC6865049/

- "How Shadowy Forces Control What Science Gets Published"
  - "Modern science relies on open inquiry, active discussion, and a never-ending pursuit of truth. At least that's what we have all been told. But these days, there are powerful information cartels controlling what gets funded, what gets studied, and what gets published. We live in an era of scientific gatekeepers dictating what "science" is allowed to say—and global organizations that claim to "own the science." The most recent example involves the retraction of the first peer-reviewed article calling for a global moratorium on the COVID-19 genetic shots."
  - ${\color{blue}* www.theepochtimes.com/epochtv/how-information-cartels-control-what-science-gets-published-fallout-5612180}$

**ARTICLE:** assets.cureus.com/uploads/review\_article/pdf/203052/20240125-8235-1308nlg.pdf **RETRACTION:** pubmed.ncbi.nlm.nih.gov/38414517/

- "Influenza Vaccines Linked to Elevated Stroke Risk in Elderly: FDA Study"
  - "Getting COVID-19 and influenza vaccines at the same time led to higher risk of stroke, researchers find."
  - \* www.theepochtimes.com/health/influenza-vaccines-linked-to-elevated-stroke-risk-in-elderly-fda-study-5610959

**REPORT:** jamanetwork.com/journals/jama/fullarticle/2816237

"How Have Our Brains Changed From Reading in a Digital Age?"

"In the age of smartphones, tablets, and e-readers, the way we read has undergone a deep transformation. But what are the cognitive effects of this shift to digital medium? Macquarie University

researchers...reveal interesting highlights in a review, Dynamic Reading in A Digital Age: New insights on Cognition, published in Trends in Cognitive Sciences in September 2023. Their findings not only shed light on how digital reading affects our brains but also offer valuable insights into the ongoing debate between paper and screens."

\* www.theepochtimes.com/world/how-have-our-brains-changed-from-reading-in-a-digital-age-5607039

REPORT: www.cell.com/trends/cognitive-sciences/abstract/S1364-6613(23)00198-5

#### "Far More Complex Than Fat: What Is Causing Heart Disease?"

"For over half a century, Americans have been taught a simple explanation for the nation's No. 1 killer: that saturated fat clogs our arteries, leading to heart failure. This diet-heart hypothesis, first put forth in the 1960s by physiologist Ancel Keys, remains firmly lodged in popular consciousness. But unbeknownst to most, modern medical research now understands heart disease to be far more complex than a matter of meat and butter consumption alone."

\* www.theepochtimes.com/health/far-more-complex-than-fat-what-is-causing-heart-disease-5527672 STUDY: bmccardiovascdisord.biomedcentral.com/articles/10.1186/s12872-023-03185-z ANALYSIS: www.theepochtimes.com/health/saturated-fat-the-great-debate-5381319

### • "Why Many Chronic Diseases Are Preventable-And Why No One Tells You This"

"Dr. Robert Lufkin was once a self-described "product of the medical establishment," with a fruitful career as a professor of medicine. He's published hundreds of scientific papers, and has received millions of dollars in government funding. But when, out of the blue, he was diagnosed with four seemingly unrelated chronic diseases—and told that he was going to have to be on medication for life—he started looking elsewhere for answers. "It was through lifestyle changes that I was able to reverse these very serious and potentially fatal diseases, and get off all medications for them," Dr. Lufkin says. Today, Dr. Lufkin educates people far and wide on how to take charge of their metabolic health, and is in the process of building new healthcare institutions, including a managed care organization and an undergraduate medical school."

\* www.theepochtimes.com/epochtv/why-many-chronic-diseases-are-preventable-and-why-no-one-tells-you-this-dr-robert-lufkin-5598583

**TRANSCRIPT:** www.theepochtimes.com/epochtv/why-many-chronic-diseases-are-preventable-and-why-no-one-tells-you-this-dr-robert-lufkin-5598583

#### "Apple's autonomous electric car project is dead"

"It was arguably the most ambitious project the company has ever taken on, but after a decade and billions of dollars invested, Apple has finally axed its autonomous electric car... The vehicle's cancellation has yet to be confirmed by Apple."

- \* www.drive.com.au/news/apple-autonomous-electric-car-project-dead/
- \* www.bloomberg.com/news/articles/2024-02-27/apple-cancels-work-on-electric-car-shifts-team-to-generative-ai
- "Tinkering With Time: The Questionable Campaign to Conjure Up an 'Anthropocene' Epoch"

"In an era defined by rapid technological advances, growing concerns about humanity's impact on the planet are penetrating even normally quiet disciplines of natural history. Take the proposed new geological epoch, the "Anthropocene." Introducing a new (and still unfolding) epoch into the geological record—marked by our recent chemical "footprints" and traces of nuclear explosions—has serious implications and any such process should stick to the rigorous standards of geological science."

 $*\ www.the epochtimes.com/opinion/tinkering-with-time-the-questionable-campaign-to-conjure-up-an-anthropocene-epoch-5594368$ 

**DETAILS:** www.britannica.com/story/making-the-anthropocene-official

Laurence 31-3-2024 (www.CanberraForerunners.org)

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