

# Self-Understanding Promotes Spiritual Growth

When we know more about ourselves, of the darkness of our heart and mind, only then do we realise that a lot needs to change. It's a scary thing to have our innermost thoughts, feelings and attitudes exposed, but that's an essential action for us to undergo so we are aware of what we need to change. Of course, that's the purpose of Father allowing us to go through the trials of life.

Trials and tests are part of our spiritual refinement, so that the 'darkness' that we have in ourselves can be identified and eliminated, allowing us to grow spiritually. It's all the 'muck' in our lives, that we've picked up in the past, that prevents us from being a perfect representative (an imager) of Father. That's why he works constantly to change us. It's not because he's nasty, it's because a loving father trains his sons and daughters.

Many don't realise that harbouring and maintaining 'darkness' is the primary reason we're so very slow to mature spiritually. Here's Father's mind on that, to cement it in our thoughts:

*“You are on the path of discovery that will reveal more completely who you are and what you are destined to do. There are things you have not known about yourself that you must understand before you can advance spiritually and naturally. Take the time and make an effort to spend time in My presence so that you can gain the insight and revelation you crave. I will show you wonders in the heavens and reveal realities on the earth that will expand your knowledge and vision”, says the Lord.”<sup>1</sup>*

Here's the rub: For sons to manifest as they are designed to be, dealing with unrighteous thoughts, attitudes and actions is a top priority.<sup>2</sup> The manifestation of sons to bring about The Restoration of All Things can't happen while we are content with ourselves, or are too afraid to step out and implement changes.

**IMPORTANT:** Changes are only effective when they're conducted from the inside out. That happens when we work on them, one-at-a-time, with the Spirit's leading, not striving to do it all by ourselves.<sup>3</sup>

Laurence

4-6-2023

([www.CanberraForerunners.org](http://www.CanberraForerunners.org))

#### *COPYRIGHT*

*This document is free to copy, republish and distribute, but only 'as is'. It is free to quote from at length.*

*All Canberra Forerunners' documents are licensed under*

*Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License*

*Quotes are the copyright of their authors.*

(Readers will need to look up for themselves any scriptures alluded to in this document)

1 – Marsha Burns “Small Straws in the Soft Wind” June 3, 2023) [ft111.com/smallstraws.htm](http://ft111.com/smallstraws.htm) [ARCHIVE: [ft111.com/straws2023.htm](http://ft111.com/straws2023.htm)]

2 – “Changes That Are Taking Place for Sons” (5-12-2021)

[canberraforerunners.org/wp-content/uploads/Changes-That-Are-Taking-Place-for-Sons.pdf](http://canberraforerunners.org/wp-content/uploads/Changes-That-Are-Taking-Place-for-Sons.pdf)

3 – “Assistance is Available for the Changes We are Required to Make” (2-5-2021)

[canberraforerunners.org/wp-content/uploads/2021/05/Assistance-is-Available-for-the-Changes-We-are-Required-to-make.pdf](http://canberraforerunners.org/wp-content/uploads/2021/05/Assistance-is-Available-for-the-Changes-We-are-Required-to-make.pdf)