

Speak to Your Soul

If we're to move into deep oneness with the members of the Trinity, our ultimate goal is to be one within ourselves. That's a new concept to most of us, so it needs a simple explanation.

Personal oneness, the type that Adam originally had, is where your body, soul and spirit are in union. This union is a long way off for us because we haven't even learnt to make our spirit the dominant component of our being. We are still more controlled by our mind and soul than we are by our spirit. Part of the problem there is the sole teaching we've received which focuses on hearing from the Spirit.

We haven't been taught how operate in our spirit, which is illogical, seeing that our real self is our spirit, not our body.

The starting point for us is to start monitoring our mind (what we think about and what we plan to do) and our soul (our feelings, emotions and attitudes) and stop ourselves from doing or saying anything which is unrighteous. Unrighteous, of course, is anything our King would not approve of in the circumstances we are in.

One tactic to use when your mind and soul are operating unrighteously is to speak to them. That's right, we can speak to our components. We can say to our soul, "No disappointments" or "No fear", reject the feelings, and then move on ignoring them. We can say to our mind, "No need to thinking like that" or "No regrets", or "Be a half glass full person", then switch off and think how the King would want you to think. You could even use archaic expressions, such as, "Begone thoughts", but they tend to be less effective because the words don't originate from a personal determination that's unique to one's self (i.e. it has no spiritual force).

You can also speak to your soul. Our King has told us about this recently:

*"Like the sea that is driven and tossed by the wind, when you find yourself in turmoil and chaos, **Speak to your soul**, and say: Peace; be still. Make every effort to quiet your thoughts and emotions and come into rest. Release your worry and fear and find the place of faith in your heart to know that this too shall pass."*¹

Find out whatever works for you so that you stop thinking and operating in ways that are unrighteous. Once you can master that, while you're also working on functioning with your spirit in greater capacity, you can begin to work towards being unified. It's counter-natural to do this, but that's how we were created to function – as a unified being.

Laurence

23-6-2023

[Updated 13-9-2023]

(www.CanberraForerunners.org)

COPYRIGHT

*This document is **free** to copy, republish and distribute, but only 'as is'. It is free to quote from at length.*

All Canberra Forerunners' documents are licensed under

Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License

Quotes are the copyright of their authors.

(Readers will need to look up for themselves any scriptures alluded to in this document)