

Temptations Will Come to Regret the Past

No regrets and no disappointments are two of the maxims I've been given by Father to live life in the Kingdom.¹

My experience over recent months has highlighted the effect of drifting consciously or subconsciously into disappointments which produce regret. I wasn't aware of it at the time of being advised to reject regrets and disappointments, but I'm fully aware now.

Submitting to these two produces negative thoughts which opens the door for the enemy to gain access. His entry leads to deeper disappointments which destroys relationships and works to bring you undone, sapping your energy and the joy of living. This negativity can actually lead to bouts of depression which can lead to your spiritual demise.

Here's Father's reminder to deal with regrets when you're tempted to entertain them:

*"Temptations will come to regret past decisions and actions, but I tell you that you must leave it all behind. You cannot change the past, but you can make changes that will affect your future. Go forward with faith that I have a plan and purpose for your life. Get in the flow of My Spirit and let Me lead the way."*²

Each time I look back, in contradiction to what Father has advised me,³ I feel the negativity developing and I try to immediately 'kill' my backward thoughts of disappointment or regret. If I don't do that quickly, it can take me 12-24 hours to stabilize myself.

Here's what to do:

*"Take each day as it unfolds and stay present. Refuse to dwell on the past; nothing will change what was. The future is always beyond your reach except to hold your plans loosely with an open hand. What you have is this moment, the ever present now. So strive to live every minute to its full potential as directed by My Spirit. Live in righteousness and peace and without regret."*⁴

So, it's no regrets and no disappointments for a more stable life, with the soul kept in line.

Laurence

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(Readers will need to look up for themselves any scriptures alluded to in this document)

1 – "No Regrets, No Looking Back" canberraforerunners.org/wp-content/uploads/2020/10/6b-No-Regrets-No-Looking-Back.pdf

2 – Marsha Burns "Small Straws in the Soft Wind" (March 19, 2021) www.ft111.com/straws2021.htm

3 – "Don't Look Back" canberraforerunners.org/wp-content/uploads/2021/02/23b-Do-not-Look-Back.pdf

4 – Marsha Burns "Small Straws in the Soft Wind" (June 2, 2022) ft111.com/smallstraws.htm [ARCHIVE: www.ft111.com/straws2022.htm]