

# The Kingdom Way of Dealing With Your ‘Stuff’

## important teaching

From my time in the Evangelical, Charismatic and Pentecostal systems, I’m quite familiar with the theologies and techniques around handling personal issues which originate with the demonic. Putting aside deliverance ‘ministry’, the area I want to focus on here is dealing with what the enemy brings against our bodies. It’s what we call “our stuff”, our issues, weaknesses, foibles, etc.

I recently covered a great deal on this in my teaching “Maturity and Spiritual Warfare”<sup>1</sup>, but I want to approach it from a different perspective this time. I’m wanting to help release those who are trapped in the vicious cycle of seeing the devil in everything that happens. For years this has been a focus of the Spirit-filled branches in the church, but what I’ve noticed is that there’s very little release for those who want the freedom and liberty that is ours in the Kingdom, under the New Covenant.



*(The remainder of this article includes some summary of “Dealing with your 'stuff'”<sup>2</sup> by Mike Parsons)*

The enemy is very tricky, he ‘sucks you in’ when you think you have the upper hand. In fact, he knows humanity so well from thousands of years of duping them, that he can circumvent anything you try to do the nullify him. In fact, the more you focus on trying to stop him impacting you, the more he’s able to work against you. That’s been the spiritual reality, that many have misunderstood.

Here’s some sound teaching from Mike Parsons on this matter:

*“What I found is, the more attention you give to the demonic realm or that Realm of Darkness, the more that realm gets attracted to you. So, I focus on the Father. I focus on my relationship with God. The only time I ever have anything to do with anything in the negative is if it affects me in some way or it is looking to block or hinder me in some way. Generally, they don't because I don't focus on them and they know that I know who I am. So, in a sense, because I'm in a place in my life where I have gone through a lot of these things and have come to a place where my soul and spirit have become integrated and I've become more whole, a lot of the things that these [people] are talking about really don't really affect my life at all.*

*Now have I dealt with things in my past? Yes, as God directed me and I think this is the key. If you are a Living Sacrifice before God, he is the high priest, he deals with the sacrifice, you don't have to deal with your own stuff. Let him, in relationship, bring you to a place of wholeness and intimacy on the journey that he'll take you through. Therefore, I wouldn't encourage anybody to try and go back to deal with all their generational issues and curses, and all that stuff, which is heavy stuff. [That's] because it's all focusing on the negative. If God wants to deal with anything in your life, either he'll deal with it or he'll show you how to deal with it in co-operation with him, which I think gives us a focus where we live life in rest and joy.*

*I think so many people are living life in this heaviness because they're so thinking about the enemy and they're giving more attention to the enemy and the problems, than they are to God, in the solution. So, we're in him, if we know who we are in him, we don't have to protect ourselves because he protects us because we're layered with Father, Son and Spirit. We're in him, he's in us. So personally, the only access the enemy has to our lives, I believe, is what we give him. Now, there may have been access given to our lives in generational issues, but we're now a new creation in Christ. So, the more we look*

1 – [canberraforerunners.org/wp-content/uploads/Maturity-and-Spiritual-Warfare.pdf](http://canberraforerunners.org/wp-content/uploads/Maturity-and-Spiritual-Warfare.pdf)

2 – [youtu.be/LGwL9MA-Eiw](https://youtu.be/LGwL9MA-Eiw)

*at the new creation reality of who I am in Christ, living in this New Covenant relationship, the less all of those negative things have any influence on my life...*

*We're only alienated in our own minds, so it's our mind where the battlefield is. You cannot renew your own mind by trying to renew your own mind to the things that you don't want to be thinking about. [That's] because you're thinking about them while you're trying to renew them. So focus on the good stuff. That's why Paul said, think about these things that are pure, are lovely and of good report. Think about those things which are above not below. When you do that, you find that the intimacy we have in relationship with the Father will bring about the transformation of our lives, without guilt, shame and condemnation, because part of the problem is we feel we're not good enough. We feel we haven't done enough. We feel the lies that are making the 'less than' kind of thinking. It's our mind where the issue is."*<sup>3</sup>

(Permission to quote Mike Parsons received on 20-7-2020)

The main way to get rid of your stuff is to be reprogrammed in your thinking. That's called 'renewing your mind', and it comes by allowing Father to challenge your belief system and your mindsets. However, it's extremely important to let him deal with the stuff,<sup>4</sup> not you, because that's how transformation really takes place.

The starting point is to have the revelation that Father loves you unconditionally, just as you are. Then, realise that his love doesn't want you to stay in any kind of brokenness or damage or fragmentation. He wants you to be whole – his kind of whole – which is what his holiness is really all about ('wholiness').<sup>5</sup>

To make the changes in you that need to take place, he'll take you on a journey – a long journey – that will bring you into more and more wholeness. It's a relational journey in which you work everything out with him, so it's not a fearful thing to undergo.<sup>6</sup> During that time, his love covers your intrepidation and allows you to know that everything will turn out OK in the end.

On occasions, that journey brings quick changes, but other times it will seem to be quite slow. Sometimes it will even feel like everything has stopped. That's when Father has stopped his processes and it's time for you to stop and rest in him. Take advantage of those 'rest' periods on your journey and ponder what has happened so far. Reflect on what you've been taught and give thanks for everything you've achieved.

**Never make the enemy your main focus** – keep your eyes on the main thing.<sup>7</sup> You'll also indirectly focus on him when you concentrate on the negative things that are going on in your life.<sup>8</sup> Instead, concentrate on being fully surrendered to Father and lean on him (i.e. totally rely on him) to handle your life. That way you'll be 'clear-eyed' to see the issues in yourself that need fixing, rather than what's coming at you from the outside.

It's important to know that Father deals with issues, one at a time. To do that, he'll set an agenda for the processes that will bring about the changes in your life that will result in your gradual transformation.

Your job, in the meantime, is to focus on the good that's in you and in your life, while he deals with the issues from the inside-out. When you are 'good-focussed', you'll find that many issues will suddenly 'drop off', just because you've stopped focusing on them and fretting about them.

Being Father-reliant and 'good-focused', actually stops you from giving credit and glory to the enemy. In addition, you'll become freer and freer, which is what many people with a deliverance have found. That's

3 – Mike Parsons "Dealing with your 'stuff'" [youtu.be/LGwL9MA-Eiw](https://youtu.be/LGwL9MA-Eiw) [0:10-3:38]

4 – SEE: "MESSAGE - Become Unaffendable" (18-1-2023)  
[canberraforerunners.org/wp-content/uploads/MESSAGE-Become-Unaffendable-18-1-2023.pdf](https://canberraforerunners.org/wp-content/uploads/MESSAGE-Become-Unaffendable-18-1-2023.pdf)

5 – SEE: Peter Dunnet "The Holiness of God" [canberraforerunners.org/wp-content/uploads/The-Holiness-of-God-Dunnet.pdf](https://canberraforerunners.org/wp-content/uploads/The-Holiness-of-God-Dunnet.pdf)

6 – SEE: "MESSAGE - Become Unaffendable" (18-1-2023)  
[canberraforerunners.org/wp-content/uploads/MESSAGE-Become-Unaffendable-18-1-2023.pdf](https://canberraforerunners.org/wp-content/uploads/MESSAGE-Become-Unaffendable-18-1-2023.pdf)

7 – i.e. Father, the King, the Kingdom and the King's plans.

8 – SEE: "MESSAGE - Become Unaffendable" (18-1-2023)  
[canberraforerunners.org/wp-content/uploads/MESSAGE-Become-Unaffendable-18-1-2023.pdf](https://canberraforerunners.org/wp-content/uploads/MESSAGE-Become-Unaffendable-18-1-2023.pdf)

because **Father brings freedom, not the removal of the enemy's influence.**

Stop striving to make changes in your own strength,<sup>9</sup> using your methods. Instead, lay everything down and let Father restore your soul, as you live in intimacy, relationship and rest with him.

**WATCH:** Mike Parsons “Dealing with your 'stuff” [youtu.be/LGwL9MA-Eiw](https://youtu.be/LGwL9MA-Eiw)

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17-1-2023

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(Readers will need to look up for themselves any scriptures alluded to in this document)

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9 – “You Can’t Strive to Be at Rest” [canberraforerunners.org/wp-content/uploads/You-Cannot-Strive-to-Be-at-Rest.pdf](http://canberraforerunners.org/wp-content/uploads/You-Cannot-Strive-to-Be-at-Rest.pdf)