

# URGENT: Get Rid of Your Baggage

I've known, since around 1987, that believers are very stifled in their spiritual growth and development because of the 'baggage'<sup>1</sup> they carry. Not only do they carry it unwittingly, but many, many, can't (or won't) let it go. This 'baggage' are the issues in their lives which relate to emotional pain, hurts, unforgiveness, bad attitudes, and the like.

I've observed first-hand how 'baggage' restricts believers. I've been involved in trying to release them and set them free, but I've had very limited success. My lack of success with them always resulted from their failure to deal with their issues, or they didn't believe they had the issue (it wasn't their fault, so they didn't need to do anything about it), or, they wanted 'God'<sup>2</sup> to deal with it for them.

That ineffectual outcome was surprising for me, as I thought they'd be open to receive truth about themselves. The other surprise was that it's so widespread among believers. In addition, it's amazing that many who want to keep their 'baggage' don't think it impacts them spiritually.

It was great, therefore, to receive a message from Father that squarely addresses this issue:

*"Evaluate where you have been and where you are going spiritually as you prepare for entry into the new season. **Make peace with yourself and others so that you do not take any baggage from the past with you. A new day is dawning, so deal with issues that will hold you back from optimum harmony and joy.**"<sup>3</sup>*

It's our soulishness, bad heart attitudes and wayward thoughts that steal our peace and joy, and work against a harmonious life. In other words, we can't live the wonderful Kingdom life with all its benefits, if we don't get rid of our 'baggage'. Failure to do that will also prevent us from being able to take advantage of the new seasons Father takes his people into. Therefore, it should be an urgent priority for all of us.

Interestingly, recent research has uncovered the hidden fact that only 30% of people who go for psychological counselling are eventually set free from their traumas.<sup>4</sup> That shows us that more is required to deal with our issues than just talking about them. I've found personal success in eliminating 'baggage' in achievable in a number of combined ways:

1. TPM<sup>5</sup> sessions where Jesus was allowed to show me where the issues in my life had come from, and so bring healing.
2. Desiring Father to clean me out and surrendering to him to do it.<sup>6</sup>
3. Living out of the Internal Kingdom.<sup>7</sup>
4. Strongly desiring to grow and mature in my sonship so I want to eliminate all hindrances to that process.



## Update

Getting rid of our 'baggage' – and we all have lots of 'baggage' – is best done with our understanding that it's a personal reality, and to submit to Father to work them out with the Spirit's help. This is nothing new, but it's probably not understood by most believers who are happy that their 'saved'.

1 – "An issue regarding a person's past that can affect their current disposition: addictions, debt, diseases, bad habits, past relationships (significant other or family), or kids." [www.urbandictionary.com/define.php?term=Baggage](http://www.urbandictionary.com/define.php?term=Baggage)

2 – 'God': I use this term in inverted commas because 'God' is the generic term people use, while I don't any more. I have an intimate relationship with the members of the Trinity, so I refer to each of them by name, out of relationship. From my oneness with them, I collectively refer to them as The Trinity.

3 – Marsha Burns "Small Straws in the Soft Wind" (Nov. 25, 2023) [ft111.com/smallstraws.htm](http://ft111.com/smallstraws.htm) [ARCHIVE: [ft111.com/straws2023.htm](http://ft111.com/straws2023.htm)]

4 – "Only 30 Percent Heal From Trauma With Talk Therapy: Is There Hope in Psychedelic Medicine?" (23-11-2023)

[www.theepochtimes.com/epochtv/only-30-percent-heal-from-trauma-with-talk-therapy-is-there-hope-in-psychedelic-medicine-feat-dr-sara-gottfried-5533960](http://www.theepochtimes.com/epochtv/only-30-percent-heal-from-trauma-with-talk-therapy-is-there-hope-in-psychedelic-medicine-feat-dr-sara-gottfried-5533960)

5 – Formerly known as Theophostic Prayer Ministry. Now known as Transformational Prayer Ministry. [www.transformationprayer.org](http://www.transformationprayer.org)

6 – "The Internal Work is Vital for Transformation" (18-7-2021)

[canberraforerunners.org/wp-content/uploads/2021/07/The-Internal-Work-is-Vital-for-Transformation.pdf](http://canberraforerunners.org/wp-content/uploads/2021/07/The-Internal-Work-is-Vital-for-Transformation.pdf)

7 – "Transformation and the Internal Kingdom" (26-10-2018)

[canberraforerunners.org/wp-content/uploads/2018/10/Transformation-and-the-Internal-Kingdom.pdf](http://canberraforerunners.org/wp-content/uploads/2018/10/Transformation-and-the-Internal-Kingdom.pdf)

Our intimacy with him requires our ‘baggage’ to go so that we can develop deeper oneness with him. It’s our ‘baggage’ causes us to operate soulishly and that overrides the work of the Spirit and our spirit, if they’re not dealt with.

Here’s more from him about his desire to clean us out so we can feel free to draw closer to him:

*“I will open your eyes to see what you have overlooked, and it will be like going from night to day when you suddenly have the revelation of what I am doing in your life. Take this time of preparation to draw closer to me,” says the Lord.*”<sup>8</sup>

*“Refuse to allow the past to mar the present. Everyone has unpleasant memories, but they should have nothing to do with where you are today and what you have been called to do. Wipe your proverbial slate clean, and begin again,” says the Lord. “Allow your heart to be cleansed and prepared for the future.”*”<sup>9</sup>

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(Readers will need to look up for themselves any scriptures alluded to in this document)

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8 – Marsha Burns “Small Straws in the Soft Wind” (Dec. 14, 2023) [ft111.com/smallstraws.htm](http://ft111.com/smallstraws.htm) [ARCHIVE: [ft111.com/straws2023.htm](http://ft111.com/straws2023.htm)]

9 – Marsha Burns “Small Straws in the Soft Wind” (Dec. 28, 2023) [ft111.com/smallstraws.htm](http://ft111.com/smallstraws.htm) [ARCHIVE: [ft111.com/straws2023.htm](http://ft111.com/straws2023.htm)]